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# THE IRISH LIGHT

Issue 16

The Uncensored Truth

[irishlightpaper.com](http://irishlightpaper.com)

**HOLDING POWER  
TO ACCOUNT**



## The Tuam Deception:

Brian Nugent exposes the media lies p25

# Ireland is full

by JOHN WATERS

**THE Irish Government is guilty of actual racism on innumerable counts. It is truly racist to reach into other countries and seek to draw from them people of different ethnicities and colours and force them upon your own people, purely because of their ethnicity or colour. It is racist to infantilise these people by plying them with benefits and privilege that are not offered to the indigenous Irish population, for that is to patronise the one and wrongfully discriminate against the other. It is racist to give no consideration whatsoever to the likely consequences to the countries these people are being sucked out of - in many cases leaving their elderly relatives behind without anyone to care for them or support them. Yet, the Irish Government, when it is not pretending that these people all come from war-zones, feels confident in parading itself as 'compassionate' for having damaged not just the country it is charged with maintaining in good order, but also many others which will be left bereft as a result of this plunder of their energetic young.**

This is to say nothing of the



The future for Irish children: A picture from a school in London shows English children a tiny minority

damage this is doing to Ireland - its economy devastated by the extension to outsiders of benefits and privileges not available to natives; its parishes (invariably rural or working class ones) swamped by unvetted aliens, a majority of which will have thrown away their identification papers and travel documents before arriving; its culture obliterated by an accompanying ideology that elevates the identities of the interlopers, but seeks to suppress that of the indigenous population.

Now that indigenous passions are at last beginning to rise to the occasion of the governmental campaign of industrial forced inward migration, it may be time to tune up the arguments so that

they match the strength of emotion on show. Too often, our people, menaced by moral blackmail and threats of tarring and feathering by demonising slogans and catchwords, have resorted to weak arguments that ultimately fall into the laps of the predators seeking to sell our country and its people down the river of history. One example is the 'I'm not a racist, but...' trope, which is greeted with guffaws of condescension by the globalists and their puppets on the ground, as they sneer or cattle-prod the populace into silence once more. Another is the feeble resorting to arguments about resources, as though having more cops and community centres would mean that we could safely

leave our culture to be swamped by indifferent aliens who come here strictly for the benefits and the beer.

Ireland is being bullied towards extinction. Its people are being told by their politicians that they can expect their population to double within a few years. They are told that this is a matter of 'compassion', because all these people will come fleeing war and climate change. When the people ask why, then, it is necessary for the Government to canvass and advertise for migrants in Third World countries, they are told that this is a racist question. If the people point out that it is only a short few years since Irish people were told by an Irish government why they had themselves to leave

Ireland to find work were told that 'We can't all expect to live on one small island.'

Every year of the decade up to 2019, almost as many people left Ireland seeking employment abroad as came here because they had been told it was the land of milk and houses. In total, over a million newcomers arrived in that period. To call this 'replacement' is apparently racist, even though this is precisely the term applied to it by the United Nations.

It never had anything to do with compassion. This is merely one of a whole panoply of distorted, gaslighting arguments being purveyed by what is now a vast taxpayer-funded industry in re-colonising Ireland on behalf - this time - of the American-led unipolar globalist front. The instrument this time - replete with resounding ironies - is the human quotient of some of the territories of the Third World most affected by the earlier waves of colonialism. But there is an added and confounding irony in the fact that Ireland, arguably the most brutalised of all nations in these incursions, has been targeted as the softest touch and the most alluring prize.

**Inside:**

**John Waters**  
on how to confront the  
lies about immigration  
in Ireland:  
**p8 and 9**

# Ireland's Darkest Hour

For years now, we've been warning the Irish people that the government is rendering them a minority in their only home - the island endowed to them by their ancestors following long centuries of suffering and sacrifice.

Vindication brings no satisfaction but revealed itself once again in the form of a recent press release from the CSO (Central Statistics Office) which announced that Muhammed is now the most popular baby's name in Galway town.

As we prepare to celebrate the holy feast of our national patron St Patrick, we can safely conclude that both he and those who have gone before us marked by the sign of faith would be astounded and dismayed.

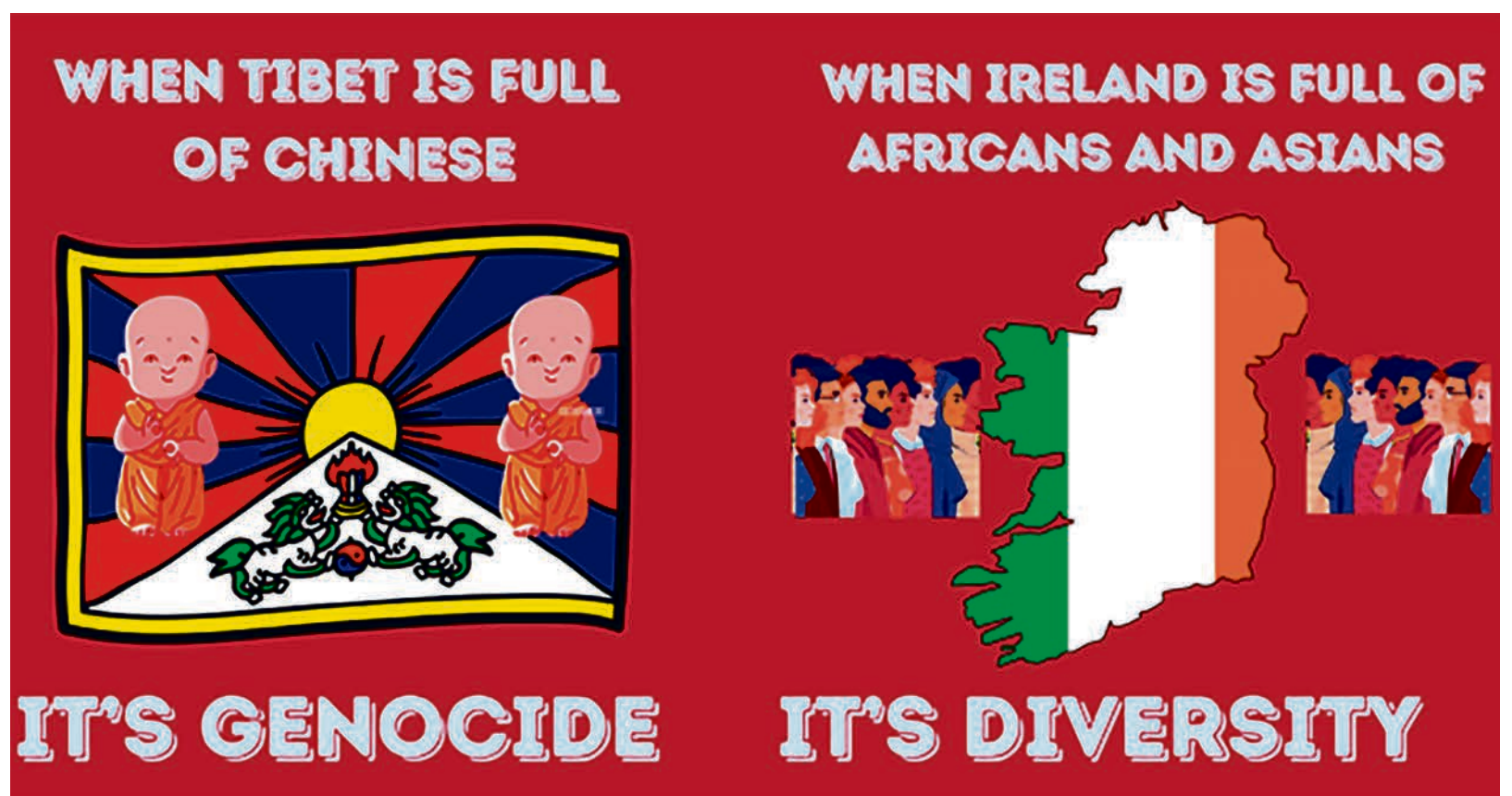
This aberration is nothing new in the rest of Europe. Muhammed has been the top name for baby boys in the UK for more than five years, in many parts of Scandinavia including Oslo and Malmo, Brussels, Berlin and the suburbs of Paris, all of which have been ravaged by the Zionist 'Kalergi' plan of forced multiculturalism and the elimination of 'white' people, who today represent no more than 10% of the world's population.

All of those cities are now mortally wounded by the same fractures that always come with mass immigration: violent crime, proliferation of no-go zones, rape culture, intimidation of native people and loss of national identity.

Demographics are destiny, and if this current trend continues, as it is likely to, Ireland is on the fast-track to becoming an Islamic police state, shattering the long Catholic heritage that has made it the best and safest country to live in until the criminal global cabal took a sledgehammer to it about 30 years ago.

The ruinous reign of their puppet underlings Varadkar and Martin will reduce Irish children under 18 to the smallest group in society by the time they are 40 in most parts of the country. It seems unimaginable but that is now the galling reality and the worst form of ethnocide that has ever befallen our nation.

The process is well underway. A class picture from a Longford school five years ago revealed less



than four Irish children amid a group of 30 mostly African, Asian and Eastern Europeans. It is just one of several towns that is already minority Irish.

There is no happy ending, in the absence of a massive revolt by the Irish people: the only thing that can save Ireland now from obliteration.

Every single multicultural society in the world to date has been an unmitigated disaster reaching as far back as ancient Babylon and its babbling tower which God ultimately destroyed. On its current trajectory, Ireland will be no different.

Take the ultimate failed state of South Africa with its 60 murders a day and 100 rapes. We are well on the way to creating that dystopia with migrant crime soaring despite the vile efforts of corrupt gardai and lying journalists to conceal it.

Humans have always formed tribes with the same cultural norms and habits. That is how the nations of Europe - the most advanced in the world - evolved. Grounded by its unique, rich and ancient Christian heritage and history, Ireland was one of the most cohesive, homogenous countries in the world until our borders were illegally opened without our permission. That is why it was such a safe haven for women,

children and the elderly. And so friendly.

But as Aristotle lamented, the final virtues of a dying society are apathy and tolerance and our apparent greatest strength has turned out to be our most lamentable weakness. The Irish have given away their children's birth rite to appease strangers who have no business being here in the first place.

When you introduce hundreds of thousands of immigrants from cultures completely at odds with Western norms and traditions, you concoct a recipe for disaster. The breaking of the West has been the global oligarchs' plan for decades and they decided long ago that mass immigration would be their most effective tool in that destruction.

The idea that Ireland might succumb to Sharia law under an Islamic police state fits the New World Order agenda perfectly. The most Catholic countries (and therefore most morally ordered) have been targeted the most because they are the most free (in the sense that they tend to promote minimal government interference and state reliance.)

Islam is the polar opposite and relies on the principle of force and submission to the Sharia police state, not God.

If this is what is needed to bring the Irish to their senses, then let it be so. What else will? God's plan for Ireland may be as cryptic and painful as that. Maybe when they have fully abandoned the Christian civilisation their country was built on, they will realise what they have lost and get down on their knees pleading for mercy.

Those over 50 probably won't be around to witness it and so should think long and hard about what they are leaving their grandchildren before they throw in the towel. Ireland and their future are still worth fighting for. The war is not lost. There is still a way out.

In fact, this existential crisis could be resolved in less than six months if the people in their hundreds of thousands marched united to the Dail and stayed there until the puppet dictators gather up their scripts and leave the building. With determination on the part of citizens, that could happen very

swiftly and without the need for violence.

An interim management team could be appointed with a mandate to immediately cut all migrant welfare and housing, deport all illegals (ie the vast majority of foreigners including children born here) and restore the Irish to 99.5% of the population.

We all know who is Irish and who is isn't: this could be done in a matter of months with flights and boats around the clock. The NGO filth that has contaminated Irish society would also be given their marching orders, as has successfully been done in countries like Russia and Hungary.

This plan might seem far-fetched but it only involves resolve and determination from the Irish people to get the common enemy out for once and for all. We have done it before. We can do it again. There is no other option if we are to survive.

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# LGBTTP mafia destroying childhood

**Gemma O'Doherty** on the depraved books for children on Irish library shelves

**THE LGBTTP mafia have hijacked most council libraries where children's sections have become purveyors of the most unimaginable filth. Under the auspices of predator 'Children's Minister' Roderic O'Gorman, this paedophile agenda is designed to normalise warped bodily acts, inculcate the minds of the smallest children and turn them into pink-haired tattooed Marxists by the age of 15, destined to live disastrous lives.**

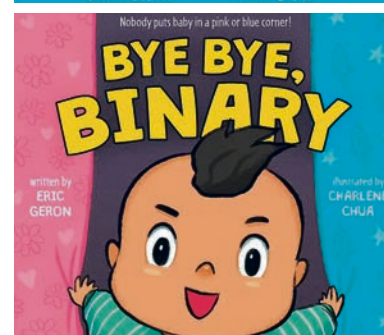
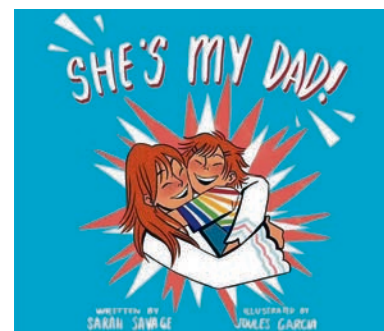
That's always been the main purpose of child sexual abuse and why the same Communists have infiltrated Catholic schools and monasteries for decades. Destroy the young. Destroy the future.

But few state authorities have pushed this evil more than Dun Laoghaire Rathdown County Council whose perverted staff attempted to run a sordid 'Drag Queen Story Time' for 3-year-olds in Deansgrange Library in 2019 but were forced to cancel it following a huge online backlash.

A recent visit to the teenage section of their Blackrock Library revealed a litany of books devoted to the transagenda of self-mutilation and cross-dressing. One of the most explicit called 'Sex Ed' gives lurid instructions on how to perform the most dangerous and grotesque homosexual acts for 'pleasure' even stating that coming in contact with human faeces during 'gay sex' is nothing to worry about. The same council forced social distancing and masks on people during the covid mania but have no problem with children encountering other people's 'poo'. How the parents of the area put up with this disgusting material in their local library is terrifying in itself.

The book also promoted the use of pornography for children, an industry that is synonymous with human trafficking, violence and drugs.

When challenged about the content, chief librarian Mary McCaughan said she wasn't aware of the book - in other words, she had utterly failed in her duty of care to children coming into the library. Librarians like her are paid out of the public purse to ensure that visitors to their facilities are



safe and not exposed to content that could harm their innocent minds. The same person refused to remove the book in question when asked.

Later that evening, we visited the Catholic Church in Blackrock to attend Mass but had to leave because of the raucous behaviour of local children attending for Holy Communion practice. Many of their parents were not much better showing no reverence or respect for the sacred building they were in. So it's really no surprise that their local library has become a den of iniquity. Nobody cares. Nobody is there to protect the young.

This is typical of the South Dublin virtue-signalling liberals who think it is 'progressive' to tell children there are 60 genders and that cutting off their reproductive organs is a good idea.

It will be down to the rest of us to take a stand against these sinister forces intent on wrecking the lives and mental health of Irish children. So what can be done? Visit your local library and scrutinise the children's section. Video the content of any pornographic material you might find and the librarian's reaction to your complaint. Expose them online. Continue the pressure on the library by ringing and exposing their names. Go to the Gardai and lodge a complaint - not that they will do anything but it will continue the shaming process. Speak to local parents and hold a local protest outside the library. This action will achieve results and before long there will be a groundswell of people standing up and saying it must end.

During the 1930s in National Socialist Germany, clean-living Germans became tired of the same pornography and illicit books flooding the country courtesy of the Jews. Hitler Youth took affairs into their own hands and burned down the world's first transgender clinic which was opened in 1919 by two Jews. If the state does not desist in their war against children, a violent reaction against it will be the next response. And that is the last thing we want. But sooner or later, people will start to fight to protect their children. Politicians, councils and librarians would be wise to end their reign of sexual abuse against the innocent now.

# Lidl's War On Meat

**HOW do you like your insect patties? With or without mealworm larvae? That's the diabolical offering on the shelves of Lidl these days as they kneel to the diktats of the climate whackos and vow to phase out meat. The German multinational which has helped to destroy the Irish grocery sector and small Irish shops, has announced that 'significantly fewer animal products' will be on the shelves in the coming months and years because, according to their hysterical henchmen; 'there is no second planet.' Another good reason to boycott this horrible shop.**

The zero carbon mumbo jumbo that infests the supermarket industry is lurching towards peak insanity as they threaten customers' right to consume the best food nature provides.

Meat - especially that grown on the lush pastures of Ireland - is not only one of the most nutritious things you can eat, the notion that grazing animals cause global warming by releasing carbon dioxide and methane into the atmosphere is patently absurd.

Grazing animals add zero carbon to the atmosphere - indeed they help to recycle carbon by consuming grass and crops which release CO<sub>2</sub>, adding minerals, water and nutrients to the soil. If soil is not fertilised by carbon-bearing organic nutrients like cattle manure, it becomes deficient in minerals. Many other species of wildlife and plants are dependent on grazing animals for their survival while well-grazed land stores vast amounts of carbon which if released for crop production would accelerate so-called global warming.

Either way, the science is clear that manmade carbon emissions

have no bearing on global temperatures or the climate, which has changed for thousands of years and always will.

But the madmen in the EU are pushing on with the lunacy, recently designating crickets and mealworms as suitable for human consumption. You won't find these parasite-bearing bugs on the menus of the private-jet brigade in Brussels or Davos however. They are unlikely to relinquish their love of meat any day soon.

The destruction of farming is just another piece in the genocidal jigsaw of the globalist elites who want to rid the planet of six billion people. And the communists at Lidl are right on board pushing the vaccine scamdemic, multiculturalism and all of the other insidious policies of the World Economic Forum. Every time you shop there, or at Aldi and Tesco, you're helping to bring about the closure of yet another Irish family butcher who are desperately trying to survive against these globalist monsters and will not go along with the vegan madness.

So think before you buy your groceries. When you go to these foreign dumps, you invariably will buy rubbish from China that you don't need. Now that's actually harmful to the planet and your pocket.

Ireland produces the best beef, lamb and pork in the world. We are blessed with our fertile land and perfect climate. We must support rural Ireland and small family farms who look after their livestock and grow only the healthiest meat. If we don't, when the multinationals stop selling it, you will have nowhere else to go. Give your loyalty to Irish shops and not these invaders who are exploiting customers on behalf of the dystopian technocrats in Brussels. And make sure to enjoy a guilt-free sirloin tonight at their expense!



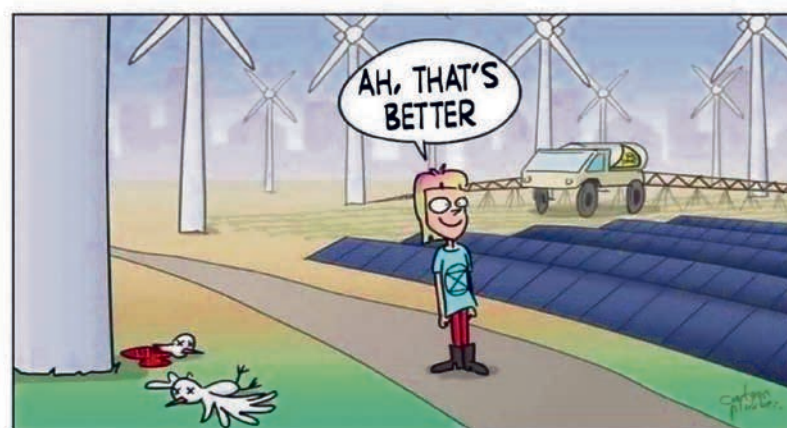
RTE's Claire Byrne performs a humiliating ritual, eating insects for her big pay



Empty shelves in Lidl: A taste of what's to come in the meat section



Lidl's latest range of insect patties



## BEWARE ZE BUGS

**Insects are not suitable for human consumption** because they contain chitin, a substance derived from the exoskeletons of bugs similar to plastic, which cannot be processed by our gut.

Chitin is a polysaccharide which is highly appetising to cancer, parasites, fungi and other things that make us sick. Only birds and some animals can digest insects because their digestive system is completely different to ours. The real reason they want you eating bugs is to make you ill and beholden to Big (p)Harma.



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# Reaching people on the street

by **PAUL EDWARDS**

Don't let rejection get you down!

**AS anybody knows, if they have tried to explain to a disapproving family member why they have not had the vaccine, people do not want to listen to rational arguments.**

They have made up their minds, and regard people who want to preserve our freedoms as selfish and dangerous anti-vaxxers. They have been brainwashed by constant fear propaganda, and stopped from seeing the counter-arguments by censorship.

The propaganda they use is based on psychological 'nudge' techniques, as recommended by the behavioural scientists that sit on the Scientific Advisory Group for Emergencies (SAGE) in the UK, and equivalent advisory bodies in other countries.

To counter the psychological manipulation, we must use psychological messaging of our own. They control the media, so we must reach people directly as they go about their business in the open. That means methods like fly posting, handing out leaflets, wearing T-shirts with messages, and talking to people face-to-face in the street.

When you talk to someone you know well, the approach is very different to talking to a stranger. There is history between you, they know your strengths and weaknesses, and there is emotional baggage in the form of lingering resentments for past injuries caused, as well as any love and respect they have for you. If you broach a difficult subject with them, you can expect a long conversation and follow-up conversations. In fact, a whole series of conversations, unless you fall out with them so badly about it that you can't talk about it with them again.

The difference is that you do not aim to have deep, meaningful conversations on the street. Especially with people who have



indicated to you that they disagree with you. Quite the opposite: you need to keep the conversation short, and agree to disagree as soon as possible.

The reason you are on the street handing out leaflets is not to convert people to your cause; if you try that, you will fail spectacularly.

The reason for being on the street is, first and foremost, to show yourself, and to show that you are opposing the taking away of your freedoms. By showing yourself in this way, you are sending a powerful psychological message to everyone who sees you. That is enough to aim for.

Rational argument does not work with people, because they have become attached to the ideas implanted by the propaganda at an emotional level. To combat this, we need to meet them on the streets face-to-face, because every actual encounter with another human being involves emotion. Simply by appearing in front of them and making known your opposition, you are sending a psychological message.

Even though in their rational brain they are telling themselves, 'I disagree with this', in their emotional brain, they are experiencing fear and confusion, because they are encountering a message which is at odds with their newly established version of reality.

All the repeated messages of the propaganda, and the psychological programming cleverly designed by the behavioural scientists have established in this person the idea that all sensible people are 'following the science'.

Now they are encountering a person who isn't. This hits them emotionally. That is why people often get tetchy, and make the 'anti-vaxxer' comment. It is a knee-jerk emotional reaction. Once that reaction is invoked, the emotional brain tells the rational brain to regard me as an enemy and block me. So it is impossible to have a meaningful conversation with the person. This would be very bad if I was aiming to convert them to my cause, but I am not. I have already delivered the psychological message that, because it is at the emotional level, cannot be stopped by the rational brain - it always gets through.

The reason the person will have even stopped when encountering me is that as I offered them the leaflet, I was friendly and smiling, so they paid attention to me. Then their curiosity was piqued when they noticed there was a message on my T-shirt. There is a feeling of cognitive dissonance being invoked in them, because they already suspect that I am an anti-vaxxer, but I seem normal and friendly, which is contrary to the caricature that has been implanted by the propaganda.

They take the time to read the message because they want to confirm that I actually am an anti-vaxxer. Having done so, they have received the psychological message about the existence of opposition, and helplessly reacted in the knee-jerk manner invoked in their emotional brain.

Their reaction is the attempt by their hijacked thought processes to maintain their sense of self by resolving the cognitive dissonance. If I react to their comment by appearing offended by it, or making a comment back, they will be able to resolve their cognitive dissonance by confirming to themselves that 'anti-vaxxers' are indeed nasty people. It will be a relief to them, and they will happily go on their way, whereas I will be left feeling annoyed with myself because I have failed.

However, all I have to do is continue to be relaxed and smiling, and they are prevented from resolving the cognitive dissonance. Then they will go on their way feeling uncomfortable with themselves, because they will be feeling bad about losing their control and being snappy with someone who was being pleasant with them.

Although the encounter has left the person feeling uncomfortable, it has actually achieved something. The feeling of cognitive dissonance is the person's natural defence against lies and propaganda. The

The reason for being on the street is just to show that you are opposing the taking away of your freedoms. By showing yourself in this way, you are sending a powerful psychological message to everyone who sees you.

disease is in their brain in the form of the lies implanted by the propaganda, but their cognitive dissonance is fighting it. All the psychological messages that we send that increase their cognitive dissonance help them to fight the propaganda inside their minds. They will recover from the disease when they wake up to the reality of what is being done to them by all those institutions that they have been taught to trust.

So even when you are being rejected, you are doing a lot of good - don't let the refusals get you down!

● <https://paul007edwards.wixsite.com/home>

# Nuclear weapons nothing but propaganda

## 'He who controls the past controls the future'

by **NIALL McCRAE**

**WE'VE** all seen the images of Hiroshima, flattened in August 1945. Look closer, though, and several buildings remain standing.

The railway station, hospital and nineteen of the city's twenty bridges are intact. The damage to outer areas stops where the flames stopped. There is no crater - the bomb supposedly being detonated a thousand feet above - but no bald spot of vapourisation either.

In fact, the scene is remarkably similar to Tokyo, where 100,000 people were killed by firebombing on March 9 1945, more than in Hiroshima and Nagasaki combined. Almost entirely built of wood, Japanese homes and shops were rapidly destroyed by incendiary attack. But the Tokyo carnage lacks the historical significance of the 'nuked' cities.

Fear of Armageddon has resurfaced in the NATO proxy war against Russia. But is the risk real? Anders Björkman argues that nuclear weapons do not exist, but are used to keep people in awe, maintain balance of power, and feed the military-industrial complex our taxes.

Following the discovery of nuclear physics, an atom bomb was first suggested in 1913 by science fiction writer H G Wells. In 1938, the Germans performed nuclear fission, but Adolf Hitler did not pursue a weapon, perhaps dissuaded on the impracticality by physicist Werner Heisenberg.

In June 1942, U.S. President, F D Roosevelt, asked War Secretary, Henry Lewis Stimson, to build an atomic bomb within three years. Stimson appointed scientist Arthur Holly Compton, whose metallurgical laboratory was incorporated into the Manhattan Project, while Robert Oppenheimer was given responsibility for bomb design. Björkman's grandfather was a friend of Niels Bohr, who the Americans brought to Los Alamos for his expertise.

In May 1945, Compton told



Hiroshima Dome still standing

Stimson that a bomb would take years to complete, if at all. Harry Truman, who had succeeded Roosevelt in April, decided to bluff. From July 17 to August 2, Truman, Josef Stalin and Winston Churchill met at Potsdam on the spoils of war. Privy to the secret weapon, Churchill was informed of a successful test in the New Mexico desert, but he lost the general election during the conference, and was replaced by Clement Attlee. Stalin and Truman held lengthy meetings in private. The Soviet leader won exceptionally good terms at Potsdam, Björkman implying a deal on the nuclear hoax.

After the war, Japan was under the supreme command of General MacArthur. A priority was to establish the atom bombing as uncontested fact, using bogus eyewitnesses. Japanese officers who might speak out were executed as war criminals. For years, deaths from regular causes were attributed to radiation (where have we seen something similar recently?)

The story is perpetuated by annual memorials and museums at Hiroshima and Nagasaki.

The USSR produced its first atom bomb in 1949. But highly publicised tests, Björkman believes, were faked. Huge supplies of dynamite were offloaded for a U.S. nuclear test in the Pacific, officially for comparative purposes. The distinctive mushroom cloud does not need nuclear force; an explosion in Beirut in 2020

(probably of ammonium nitrate) produced such a visual effect. Recordings of a tremendous flash are dubious. At Hiroshima, citizens who dived into the river to escape from flames did not see this phenomenon. So what really happened in 1945?

The answer is naphthene and palmitate, often shortened to 'napalm'. Soon after the USA entered the Second World War, Harvard chemistry professor, Louis Fieser, produced a jelly-like incendiary substance that could be fired under pressure, sticking to everything. Most notoriously used in the Vietnam War, Fieser's product was widely used on Japanese cities. In 1945, having annihilated the enemy air force, the Americans could systematically carpet-bomb any

fetches' series of assertions, Björkman claiming "a form of gnostic insight somehow denied to ordinary mortals." Nuclear powers may exaggerate on unproven intercontinental ballistic missiles, but a conspiracy of pretence is fanciful, Professor Rainsborough maintains.

Undeniably, though, governments exert control through fear. Nuclear weapons, like covid-19 and disastrous climate change, are believed on authority rather than evidence. Hiroshima and Nagasaki are crucial to the narrative, because as George Orwell wrote, 'he who controls the past controls the future'. Sabre-rattling over the conflict in Ukraine may be nothing but posturing by leaders



Aerial shot of Hiroshima with concrete buildings still in tact

urban area with impunity.

Solitary Boeing B-29 bombers Enola Gay and Bock's Car may have dropped special cargo over Hiroshima and Nagasaki, but according to Björkman the damage was caused by the same bombs that had been used elsewhere. USAAF records show nearby targets on the preceding nights with apparently excessive numbers of B-29s - did they hit Hiroshima and Nagasaki instead?

Intrigued by Björkman's thesis, I consulted Professor Mike Rainsborough of the War Studies Department at King's College London. He perceives a 'far-

whose nuclear button has no wires.

In Hiroshima, eight missionary priests inside a Jesuit church near Ground Zero survived. Throughout their long lives, they were tested 200 times and never showed any signs of radiation. In Nagasaki, known as the Rome of Japan for its large Catholic population, a Franciscan convent was untouched. The inhabitants attributed this to divine mercy. But it could simply have been the difference between wood and stone, and between fact and fiction.

● [www.heiwaco.com](http://www.heiwaco.com)

### The faulty physics of a 'nuke'

The concept of a nuclear weapon is a chain reaction of atoms splitting at the speed of light, causing explosion, blinding light and radiation. However, fission requires highly controlled conditions.

A power station may have 80-100 tons of nuclear fuel in the form of nuclear metal oxide pellets. These are gradually converted to pure energy in steel pipes. However, fission only occurs with the 0.7% of uranium atoms with 235 protons and neutrons, not with the 99.3% with 238 protons and neutrons. The pellets release heat that is absorbed in water. If cooling fails, the pipes overheat, and fission stops, as happened at Fukushima power station after a tsunami in 2011.

Nuclear 'weapons' contain only about 60kg of solid uranium 235, purportedly ignited by the compression of two pieces of such metal to double density, with a neutron between. The problem, according to Björkman, is that the heat generated by initial fission would melt the encasement, and the neutrons would fly away.

The slow process of fission works; but the fast process is fantasy.



If you wanted to destroy a race without killing it directly, you would...

- Promote race-mixing
- Promote homosexuality
- Promote feminism
- Promote promiscuity
- Promote divorce
- Promote birth control
- Promote abortion
- Promote transgenderism
- Promote men as toxic
- Promote career women
- Promote single parents
- Promote family break-up
- Promote anti-nationalism
- Promote immigration
- Promote atheism



THE JEWISH WAR ON THE RACES OF EUROPE

# Bullied Into Extinction

Irish emigration is the polar opposite to the mass immigration destroying our nation today, writes John Waters

**ONE of the most disgusting things being attempted by the purchased Irish political class is the weaponising of historical Irish emigration as a tool to blackmail the present generations into handing over their country to strangers. "We went all over the world!" they tell us, seemingly shameless in their abuse of the memory of those starving hordes of human sacrifices who were driven out of Ireland by precisely the same forces that are orchestrating its present invasion.**

Our people had to flee their country because of the venality of the British Crown and the complicity of the domestic quislings seeking to profit from the destruction and destitution of their country, then as now. But our people did not go abroad in search of social welfare, free houses and other benefits, not did they go to belittle the cultures of the countries offering them refuge. Our people spoke English and assimilated into the melting pot that was the emerging America, embracing the culture of their hosts with good grace and gratitude, whereas the 'new Irish' are invited - by NGOs financed out of the pockets of the indigenous population - to treat their hosts as racists and oppressors from the off. Our people went to America one-by-one, not in tribes or gangs, pursuing women and girls around the streets under the protection of a corrupt police force.

They did not congregate in ghettos demanding 'rights' and calling their hosts 'racists', but put their shoulders to the wheel to build a new civilisation. They went to work and work they did, building Britain and America with their bare hands, many of them dying en route, or of the hardship they encountered on arrival. They were not furnished with the latest Levis and Nikes, and billeted in five-star hotels. They helped to build America, a fledgling, frontier nation, expanding into the wilds of a continent that has itself been stolen from its indigenous peoples. Our great aunts and uncles were among them, and their passion to survive bears no resemblance to what is being perpetrated now. Ireland is not America, and may

CAN YOU FIND IRELAND ON THIS MAP?

**AFRICA IS  
ROUGHLY 350  
TIMES BIGGER  
THAN TINY  
IRELAND**

**WHY DO  
AFRICANS  
HAVE TO  
LIVE HERE?**

**THE GOVERNMENT  
IS GIVING AWAY  
YOUR CHILDREN'S  
FUTURES AND  
THEIR HOME**



**OUR BEAUTIFUL ISLAND  
IS BEING COVERED IN  
CEMENT TO BUILD  
HOUSES FOR AFRICANS  
USING YOUR TAXES**

**THIS IS  
ANTI-IRISH  
RACISM AND  
THE DEFINITION  
OF INSANITY**

**WE ARE BEING  
PLANTED  
ONCE AGAIN**

indeed be close to the opposite: rather than an expanding frontier society, it is a society that has failed by every rational rubric to self-start, and therefore remains incapable of caring for its own, never mind inviting half the world in to steal what rightfully belongs to those who built and saved it.

Our people went to work, not to stand on street corners issuing menacing signals to women and girls.

There are a million other points of disparity. Ireland is a tiny country. It is a short time since our political shysters were telling us we could not all live 'one one small island'. Now, it appears, our island is capable of supporting unlimited numbers of outsiders which neither love, nor affinity, nor respect for Ireland or her history.

To say that we should open ourselves up without limit or discussion is tantamount to saying that we have no entitlement to a home in the world, no right to claim a birthright, and that our children ought to be denied the basic entitlement of any human born on this planet: the right to call the part of the Earth on which they were born their home and the right to put their heads down there with an easy heart.

Another argument these vile

IMMIGRATION-FUELLED  
POPULATION GROWTH  
PUTS HUGE PRESSURE ON

HOSPITAL APPOINTMENTS  
THE WELFARE SYSTEM  
NATURAL RESOURCES  
LOCAL COMMUNITIES  
THE ENVIRONMENT  
SCHOOL PLACES  
THE ECONOMY  
TRANSPORT  
HOUSING  
WAGES  
JOBS  
YOU

ignoramus proffer is that the West destroyed the countries of Africa, Middle East et cetera by their colonial adventuring, and so owes a debt to the descendent of those who were dispossessed. This is true, but Ireland had no part in it. On the contrary, Ireland was itself occupied for many centuries by our nearest neighbour, and therefore has more in common with the allegedly dispossessed countries whose citizens come demanding reparation than with the rest of the West. The imperial overreach of England, Spain, Portugal or Belgium had nothing to do with us.

When their faux compassion fails to register, they turn the argument to what in other context might be deemed 'enlightened self-interest'. Successful economies, they tell us, need migrants. But the Irish economy is not 'successful' in any meaningful sense reflecting the enhanced welfare of the Irish people. It is a disaster waiting to happen, a bomb waiting to go off. This is because what we call the Irish economy is nothing of the kind, but a cuckoo-in-the-nest economy that benefits the richest corporations in the world, while casting aside Irish people as second-class citizens, economically and otherwise. Only a tiny proportion of those working in transnational corporations operating in Ireland are Irish natives. These monoliths came to Ireland on the false pretence that they would create work for the indigenous population, but instead brought their workers in from outside, and flooded the streets of our capital with them until it became a foreign city on the east coast of Ireland.

They tell us we need lots of immigrants to pay our pensions, an example of gaslighting par excellence. We have already paid for our pensions, with our monthly or weekly contributions, over many years; that's what pensions are. Except that the political class has multiple times raided the pensions pots, or caused them to be devastated by stock market crashes, as a result of their criminal policies directed at serving the globalist corporates rather than their own people.

We have a problem, they tell us, of demographic collapse. Yes we do, but the reason Ireland's demographics are in meltdown



is entirely down to government policies and globalist thinking: the forcing of abortion on our people in 2018 and the failure over many years to invest in the smaller towns and countryside of Ireland in ways that might have constructed a viable economy that would have provided the native population with some degree of cohesion and security.

This assault on Ireland is propelled by an ideological agenda, frequently referred to as Cultural Marxism, though Marx is but a tiny element within its labyrinthine and flexible provisions.

Cultural Marxism permits the moral elevation of a recognised victim to a position of supreme entitlement even over those who have built a society, home or community in the country being invaded, and wish mainly to benefit from their labours and be left alone. The invocation of a 'natural disaster' or a 'war-torn' area is sufficient to entitle the supranational authorities to demand the standing-down of all rights and freedoms of native populations in favour of those who are deemed to enjoy 'protected characteristics'.

This quantity can trump any fundamental, inalienable or imprescriptible claim of a native, regardless of other circumstance, conferring novel and actual legal entitlements that transcend notions of fairness or democracy. The fact that the orchestrators of this new regimen also happen to be the chief protagonists in provoking an applicable war, or instigating the relevant natural disaster, is inadmissible in any attempt to appeal, which will almost always prove futile. These new 'laws' are not laws in the old sense: They do not derive from democratic processes or norms, but come into being by diktat of a new cadre of moral guardians, who have adopted the anti-principles of the essentially communist Frankfurt School and declared themselves the enforcers of these diktats on the unadorned basis that they have successfully claimed the power to do so. Might has become right. Anyone who objects can be disposed of as a 'fascist' or 'white supremacist', in the culture they have constructed to protect this new dispensation from either scrutiny or criticism.

In his 2020 book, *The Age of Entitlement*, Christopher Caldwell writes of how all these forms of thinking were first given legal life in the US Civil Rights Act of 1964, which essentially turned Cultural Marxist tenets into legal principles. This became the model for subsequent UN conventions, starting with the International Convention on the

# Multiculturalism



Diversity will not be our strength

Elimination of All Forms of Racial Discrimination in 1965, which ensured that these laws became essentially transportable to any foreign jurisdiction and subject to the same powers and reach, serving to globalise the Cultural Marxist programme and allowing it to be recognised by governments and courts as trumping indigenous laws and constitutions.

The effects, though momentous, were barely noticed. It meant that, throughout the former free West, the entirety of the human relationship with place, nation, home and belonging had been altered out of all recognition by the developments branching out from the US in 1964. One of the key changes was that 'human rights' - previously regarded as arising from individual dignity in accordance with Christian principles - had come to be seen not as fundamental or absolute entitlements but as enforceable diktats of the supranational powers. This change was culturally imposed by a process of 'education', whereby, for example, somewhat reluctant populations were cajoled and coerced into accepting entirely new definitions of marriage, family and parenthood, under the stern and increasingly menacing gaze of the supranational powers and their appointed enforcers. Thus, law became not something deriving from the will of the people, but

something imposed upon them, which they were required to submit to as a moral compact, and judged accordingly in ways that became increasingly ominous as the powers of the surveillance state became

their countries. At a superficial level, the issue of, for example, refugees and asylum seekers is, for political reasons, presented as a matter of 'compassion', but this is merely the leveraging of an outmoded moral blackmail trope to get the newcomers in the door and up the stairs. In reality, the effect was to create conditions in which each migrant in Europe and America became, in effect, a roving portion of UN jurisdiction, by which all the rights and entitlements of UN conventions, increasingly modelled on US civil rights concepts, were essentially transportable to any foreign jurisdiction, and there propelled by at least as much torque and power as at 'home'. Thus, each migrant abroad became as though a mobile force-field of ideological power, which neutralised many of the rights of those into whose former territories it sought to encroach. This is why groups of migrants are invariably protected by the police forces which we fondly believe to be 'ours', and zealously argued for, against our interests, by our 'representatives'.

These quasi-legal processes are augmented by a grotesque manipulation of historical and cultural understandings. Since many of the migrants come from Africa, it is as though, docking at Rosslare, they are instantly able to access in themselves a mode of thinking indistinguishable from what might occur were they to disembark on the shores of

The actual content of history is irrelevant and inadmissible. The fact that the Irish have allegedly been historically 'white' confers automatic leverage on all such claims. As though by virtue of being given refuge in America when they were being starved out of their own country, the ancestors of present-day 'Irish' natives seemingly conferred grievance-rights on unknowable future generations of black and coloured peoples, to be mobilised against future generations of the Irish nation, ad infinitum.

Having the young men of Africa hanging around the corners of European cities does nothing to help Africa; it helps only fabulously wealthy globalist interests. As Cardinal Robert Sarah has written: 'Globalized humanity, without borders, is a hell. The standardization of ways of life is the cancer of the postmodern world. Men become unwitting members of a great planetary herd, that does not think, does not protest, and allows itself to be guided towards a future that does not belong to it.'

We have yet to grasp fully the nature and significance of these changes. When we complain that migrants are being housed before Irish people, we are merely observing the operation of the new dispensation. The structure of the new 'law' not merely permits this, but actively demands it. The purpose is twofold: to bed down the new dispensation on a non-negotiable basis, and to dramatise its workings for the benefit of those regarding themselves as the indigenous population' of the newly declared colony, which for the moment is permitted to regard itself as the 'host country'. This osmotic 'education' is designed to gradually break the news, so that the message will sink in and the native population will in time become disabused of any sense that Ireland belongs to its people. Ireland is no longer a nation; it is a 'host country' on its way back to being a sand-bank.

It has been clear for some time that this is the agenda of the global economic elites and their servant supranational policy-makers in respect of the Caucasian population of the West, which in most countries has long since fallen below the level at which it might in future be restored by intrinsic action. While these populations are encouraged to abort their young, they are simultaneously subject to massive waves of forced migration from Africa and elsewhere, and yet anyone who describes this as 'population replacement' is daubed as a 'racist' and shamed into silence.



A sample of the billionaire-financed NGOs dedicated to destroying Ireland

more and more palpable.

One outcome of this is that, de facto and de jure, most people now utterly misunderstand the legal situation of migrants entering

America, with its assorted history of segregation and slavery, seeking vengeance or justice for some construed injury to their ancestors or the collective black imagination.

# Don't Follow The Herd

by **GRAHAM CRAWFORD**

**I read an article years ago about research into rare survivors of extreme suicide attempts.**

Extreme as in being clearly beyond 'a cry for help'. Extreme as in jumping off the Golden Gate Bridge in San Francisco where more than 1,800 people have plunged to their deaths and only a few dozen lived to tell the tale.

Researchers discovered through interviews that 95% of those absolutely determined to end things were glad when they failed. Glad to be given a second chance.

I developed a morbid fascination about the desperately tragic implications of that statistic - that the vast majority of those who tried and succeeded in taking their life would have been grateful to have survived.

I contemplated on how many souls leaping off that San Francisco Bay bridge to their death changed their minds in the four-second plunge to hitting the water at 75mph and thought: "What have I done? I don't want this. I want to live."

One in 20 jumpers even survives the impact only to drown or die of hypothermia in the freezing waters.

I thought of all this again when I read a comment below a video about the terrifyingly high levels of excess, and non-covid related, deaths throughout the world's most vaccinated countries.

It stated: "I regretted it the moment the needle went in, and I've regretted it ever since."

For that person, the irreversible leap into the unknown had been made and there was no going back.

Depending on what figures you believe, they claim 5.5 billion worldwide made the leap.

Many remain in ignorance of what it truly means, but as reports and general chat leaks out about horrendous numbers of vaccine-related deaths and terrible side effects, how much longer before they are hit by the harsh reality of this particular water?

Psychologically, it will be a nightmare place to be in.

The very thought of that potentially ticking time bomb may be too much for many to bear. How will they cope? How will they and the rest of the world hold together under the weight of collective anxiety and anger at being callously misled and coerced into



Photo: Vicky Nguyen

taking, often repeatedly, a highly suspect experimental injection they never actually needed?

Some weeks ago, I was in one of Glasgow's busiest shopping streets at a memorial for reported covid injection dead and severely injured when a passer-by in her early seventies told me how she had ended up in A&E twice following the jab.

She had taken it very much against her instinct after being continuously hounded, badgered and guilt-tripped by her husband and other family members.

A year on, she was still clearly deeply angry at her husband - and also at herself for eventually succumbing to the bullying.

She said as much, and also admitted that because of it all she no longer felt the same towards her husband and did not know if her marriage of 50 years could survive.

This lady and millions, possibly billions, of others may also have to deal with an enormous sense of utter betrayal by governments, scientists, Big Pharma, doctors, and all the other establishment

institutions - not least of all the complicit corporate and national media.

The latter were the very people who should have sought to give us 'fair, balanced and accurate reporting', but who instead relentlessly terrified entire populations with their disproportionate and misleading fear messaging about the virus, and their endless threats of social exclusion or worse for dissenters of lockdowns, masks and the so-called vaccines.

But here is the thing: I believe that those of us who did not buckle under the strain of this pressure actually faced our own severe trauma.

We could see from early on that the covid emperor had no clothes - that it was all an exaggeration, a colossal illusion built on deception after deception until the truth became the lie and the lie became the truth.

To bear witness to this and hold onto solid ground was extremely difficult.

But I, and others, discovered we

were not quite alone in this cruel dystopian nightmare. By the sheer will of spirit, we remain bloodied but unbowed, but there is so much still to heal. And that is a process I doubt will ever be complete. A scar is a scar, it may soften in time but it never quite goes away.

I know I will never view governments in the same way again as I did pre-covid. Any residue of trust has gone completely.

I will never again trust the BBC and the rest of the mainstream media, and as a former journalist that is a deep gash.

I will never quite trust doctors or nurses who fell into line and stayed silent, and still do.

Or so-called scientists and academics who again stayed silent or were prepared to fudge the truth to protect their grants and jobs.

Or police who turned so easily from community-supporting crime fighters to unthinking, ruthless, masked-up and tooled-up government enforcers, breaking up peaceful protests and political meetings.

Or hysterical teachers and

their unions who gave away their great lie that 'the children must come first'.

Or most churches, temples and mosques for their complicit silence and hate-inspiring statements such as '*Jesus would want everyone to be vaccinated and to do otherwise is an act of selfishness*'.

And then there are the neighbours, friends, family members and strangers who displayed a total lack of critical thinking, who put me, and my like, at risk with their compliance. They still do. What jeopardies do they hold for us in the future with their weak, blind and unnecessary obedience?

They were complicit in the theft of more than two years of my life.

My worldview has changed forever.

I am also now like a wary dog, constantly watchful of the abusive 'master' should he attempt to raise his hand again.

Only now I know that no one is my master - or ever will be.

And do you know what else? I am one of a huge pack.

# Deafening Silence On Sudden Deaths

Kilkenny accountant **Patrick E Walsh** noticed local sudden deaths have soared in his county since the vaccine rollout but his painstaking research has fallen on deaf ears

**SUDDEN and unexpected. How have we reached a point in human history where these two words are intrinsically linked to each other and to the often unspoken word 'death'.**

A newspaper headline will say some young athlete died suddenly and your brain will automatically add 'and unexpectedly' to your thoughts when you read it.

It flows. It flows because we are seeing and hearing it everywhere for the last 18 months from all quarters of the Western world.

In the space of a few days in October 2022, I became aware of seven people who died in Kilkenny and three of their deaths were described as 'sudden and unexpected' in Rip.ie.

There was no indication of suicide, accident or long-term illness in these deaths. Just sudden and unexpected.

I had been aware of growing numbers of deaths being attributed to covid vaccine damage in so-called alternative media and I decided to see if I could put some flesh on the bones of these rumours by analysing funeral notices for Kilkenny on Rip.ie.

I have analysed all deaths in my county in the six-month period July to December for the years 2018 to 2022.

I applied the following criteria consistently across all years in classifying a death as 'sudden and unexpected': if the funeral notice used the words sudden or unexpected. if in the condolences, the words 'sudden, unexpected or untimely' were used the age of person would also be a relevant factor for consideration.

If there was an indication of suicide or cancer through references to the Samaritans or



Kilkenny sudden deaths are up 125% but nobody seems to care

'illness bravely borne' or 'Home Care' then these deaths were omitted. If a death met the criteria on the surface but I was personally aware that the circumstances were an accident or suicide, then it was omitted.

Obviously, there is a certain amount of subjectivity in this analysis but I believed, and still do, that if applied consistently and honestly, these criteria give sound comparable data on which to base an opinion.

The results were nothing short of shocking.

Sudden & Unexpected deaths in Kilkenny for 6 months July to December are as follows:

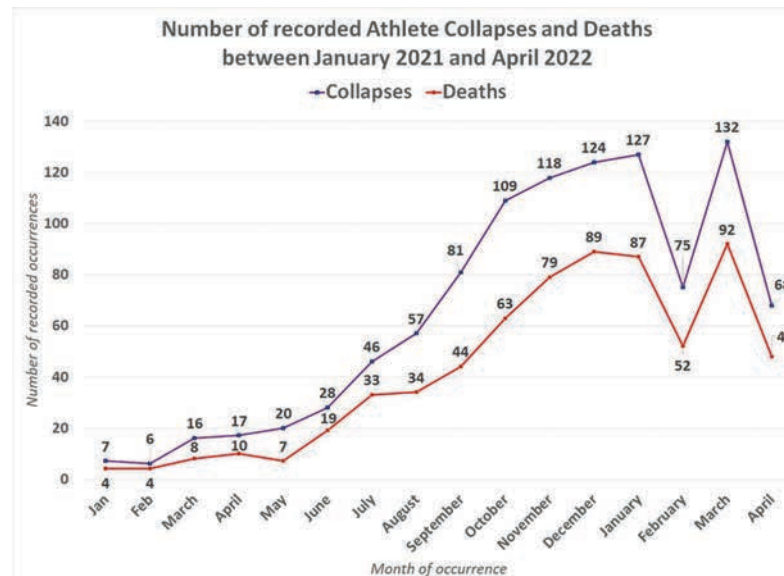
2022 sudden deaths in Kilkenny are up over 125% on pre covid lockdown years. That is 3 people

DEATHS IN CO KILKENNY AS PER RIIPIE					
	2018	2019	2020	2021	2022
JULY	71	55	64	75	83
AUG	73	59	59	68	72
SEPT	69	65	81	71	85
OCT	50	71	84	75	86
NOV	64	71	55	88	99
DEC	77	70	86	81	128
	404	391	429	458	553
<b>2022 INCREASE ON</b>					
		2019	41.43%		
		2020	28.90%		
		2021	20.74%		
		2018	36.88%		

a week dying suddenly and unexpectedly in a small county. Now extrapolate that to a national and a worldwide level.

It's important to remember that these are deaths of real people and not just statistics.

You can log onto Rip.ie this minute and check my data, as I stored the hyperlinks for each death in the spreadsheets and



marked the 'suddenlys' with an 'S'.

The pictures of the dead quickly put pay to any dismissive thoughts of it being 'just numbers on a page.'

Some major event must have happened during 2021 to cause these increased sudden deaths in 2022.

What could it be? Ponder on the number of celebrities who have died suddenly over the last 18 months.

Consider the number of sportsmen and woman, the fittest people in the world, collapsing and dying on the field of play.

Then consider the people you know first or second hand who have died suddenly.

It's all around us. Don't dismiss it because you can't put a number on it.

Numbers can blind the mind to acceptance while paving the way to truth.

The reason you can't put a

number on it is because it's off the scale.

Once you accept the massive increase in sudden and unexpected deaths you need to ask why?

Enter the vaccine from Stage Left.

I admit I come from the camp that has questioned the covid 'pandemic', lockdowns and masks from the very start.

I wondered about the safety of a vaccine developed in nine months where normal procedures demand at least seven years of testing.

I saw the worldwide push on these 'safe and effective' vaccines from governments, mass media and celebrities and wondered why there were no dissenting voices being broadcast at me. The same people who lied to me about the need for lockdowns and masks now wanted me to take an experimental medical procedure.

Thanks, but no thanks. The only major change on a worldwide level since 2021 has been the covid

vaccine regime.

The 'scientists' tell us that correlation doesn't equal causation but it's a damn good starting point when you want to stop the dying.

Sometimes a smoking gun is exactly that and not a joss-stick glowing in the corner. We have reached the stage where Varadkar begrudgingly admits that the level of excess deaths needs to be examined.

Do you believe that Covid 19, effectively a rebranded flu, is killing otherwise healthy people in vast numbers, a year after the 'most dangerous' variants have disappeared?

Do you believe a non-verifiable condition called 'long covid' is killing healthy young people when what they have in common is that they have taken the covid vaccination?

No, I don't know why everyone who got vaccinated hasn't died or been injured but is that what it's going to take before you believe that the covid vaccination program is killing people in large numbers?

Mike Yeadon, a former Pfizer Vice President, is of the opinion that many vaccine batches were placebos because he says that is the only statistical explanation for certain batches having way more adverse effects than others.

We are in March 2023, and yes, I am still clicking on the death notice of every Kilkenny person who dies.

At times, it's upsetting and at this stage nearly a compulsion in trying to gather evidence that will convince people to think twice before taking the covid vaccine.

I have no doubt in my mind that people are dying because of the covid vaccine. I have no doubt that big pharma, mainstream media and the majority of the Irish medical profession are aware of what is happening.

As of 20/2/23, there were 14 sudden deaths in the month of February for Kilkenny. The figure for the whole of February 2019 was 9. An increase of 55% with 8 days still left in Feb 23.

Sudden deaths as a % of overall deaths in Feb 2023 is 22%.

The equivalent figure for Jan & Feb 2019 was 11%.

This carnage is real and all around you. Local media such as KCLR Radio and the Kilkenny People refuse to cover it.

Are you going to stay silent or do something about it?

# Slaves to the system

The subservient Irish don't see the 'green' prison being built around them, writes **Gemma O'Doherty**

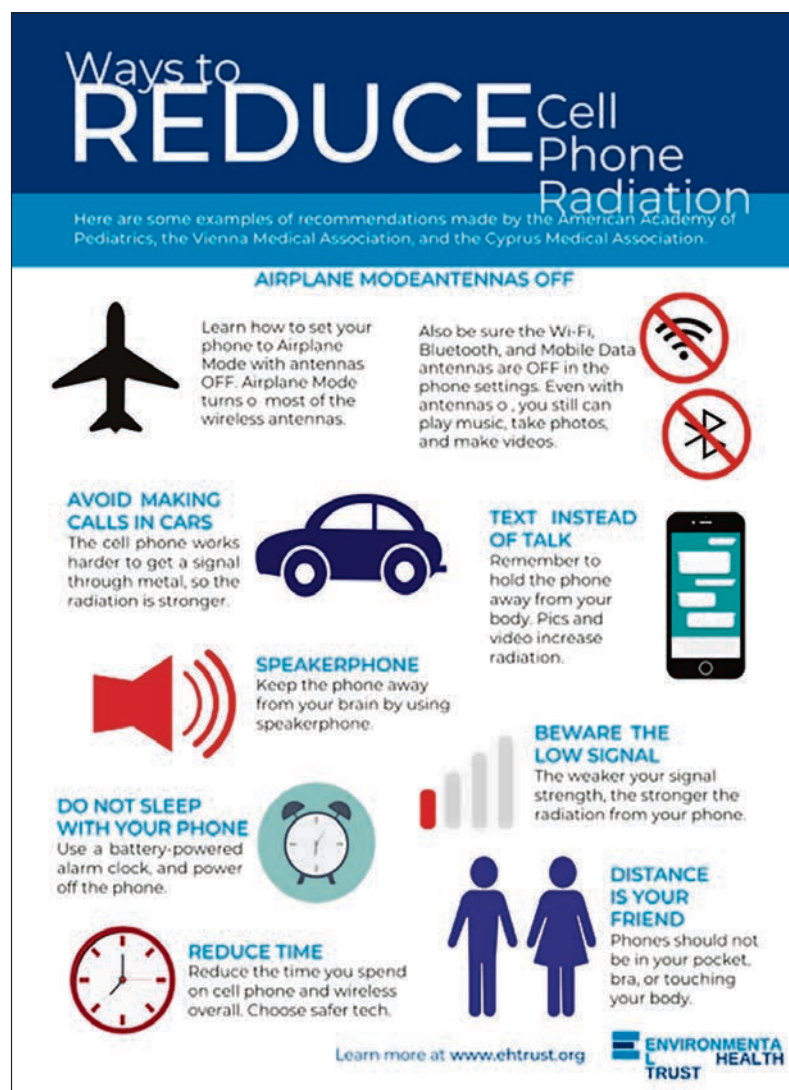
**UNLESS you're still swallowing government propaganda, you should know by now the so-called green agenda is anything but green. Sadly, many don't, even though the evidence is all around them.**

Dirty masts, antennae and wireless towers dominate our beautiful landscape and nobody seems to question their safety or true purpose. Even in the most remote parts of the countryside, these ugly structures are being constructed, with a big push during the covid lockdowns when the slave masters hoped nobody would see. It was all hands on deck with Gardai given nixers to install 5G masts during the period of mass imprisonment for a fake virus.

Why were they involved? Because these masts have nothing to do with providing improved broadband for Irish people but represent the infrastructure of the UN police state that is being built all around us with most people not even noticing the master plan to enslave them in '15-minute' prison cities.

They never ask why their housing estates are lit up like film studios in the middle of the night with dangerous LED lighting which causes cancer, blindness, insomnia and creates havoc for birds and other wildlife who can no longer tell night from day. Nobody was asked by globalist-run councils if they wanted this. You never hear the bleeding heart Greta-worshipping Greens talking about this scourge on the environment as they bleat on about melting icecaps and endangered polar bears. But a surveillance state cannot work when the streets are in darkness.

And why during the lockdown were permanent bollards and other sinister 'traffic calming' measures cemented onto the roads of this country hindering motorists and making driving more dangerous. Take the popular southbound route along the N11 near Bray on the Dublin-Wicklow border where an important spur lane was effectively blocked off by a long line of unsightly and hazardous bollards to prevent motorists from crossing back to the Dublin road. There was no logical explanation for this whatsoever except to curtail the movement of cars at this busy county border location. During the



covid scam, this was where brazen gardai interrogated thousands of Irish people as to the purpose of their journey. If there is one silver lining, it is that these obstacles to free movements the gardai helped to install will eventually replace them: the AI technocracy of the future has no need for useless idiots who require wages and holidays.

Why is all of this happening without a word of opposition from the public?

Because the docile Irish have willingly submitted to their own enslavement by a criminal government and are too frightened to bat an eyebrow at these ever-tightening restrictions on their freedom.


Thankfully, many who bought into the green scam are now realising they have been well and truly had: that their electric vehicles are a nuisance that are costing them a fortune, the noisy wind turbines across the fields they thought would bring them free electricity have destroyed their quality of life and the so-called Smart Meters they foolishly consented to in their homes are exposing them to up to 800 times the radiation of mobile phones. Worse still, the constant eco-shaming they are subjected to by the media is

driving them into an early grave.

If those who still believe the green scam were to engage just one brain cell into active duty, they would conclude that bringing hordes of illegal 'gimmigrants' into the country is hardly going to reduce 'carbon footprints' especially when Soviet-style cement blocks are being built to house them on any spare patch of grass vulture developers can lay their greedy hands on.

One day soon, Paddy will waken up and realise he has been a fool - that his beloved ancestral homeland has been taken from him by unspeakable demons whose evil surpasses anything this country has witnessed heretofore. His grandchildren will never forgive him for giving away their birth rite, everything his grandparents fought and many died for.

Aristotle said the final virtues of a dying society are apathy and tolerance. A pandemic of virtue-signalling to the watermelon brigade (green on the outside, red on the inside) and the racebaiters has left Ireland in 2023 dangling on life support. A massive booster shot of courage and defiance to the State into the arms of the Irish people is the only thing that can save her... and them now.



## WHAT 'SMART CITIES' REALLY MEAN FOR YOU

**DIGITAL ID**  
REAL-TIME DATA TRACKING  
15-MINUTE TRAVEL LIMIT WITHOUT PERMIT  
NO MORE WEEKENDS AWAY  
NO MORE LAST-MINUTE TRIPS  
NO MORE CHOOSING YOUR CHILD'S SCHOOL  
NO MORE PERMISSION TO LEAVE YOUR VILLAGE

All your money, shopping, travel, entertainment, daily activities and carbon footprint will be tracked and monitored by your digital ID. If you exceed any regulations set by government or refuse vaccines, you will be denied access to everyday activities

**LOCAL COUNCILS IN IRELAND HAVE ALREADY AGREED TO BRING IN SMART CITIES IS THIS THE WAY YOU WANT TO LIVE? IF NOT, SAY NO TO DIGITAL ID, CASHLESS SOCIETY AND ALL RESTRICTIONS ON MOVEMENT. LET EVERYONE IN YOUR PARISH KNOW. RESIST, REFUSE, REBEL!**

# UN AGENDA 2030

ONE WORLD GOVERNMENT

TOTAL DEPENDENCY ON STATE

SOCIAL CREDIT SYSTEM

CARBON FOOTPRINT SURVEILLANCE

UNIVERSAL BASIC INCOME

DIGITAL CURRENCY

MANDATORY VACCINES FOR ALL

CONTROLLED REPRODUCTION

RADICAL ASSISTED SUICIDE

ABORTION FOR DISABLED

GENETICALLY MODIFIED FOOD

ROBOT WORKFORCE

MICROCHIPPED ACCESS ONLY

DESTRUCTION OF FAMILY

ENERGY RATIONING

CONTROL OF WILD SPACES

BAN ON ALL NATURAL REMEDIES

NO FOREIGN TRAVEL

**IS THIS THE WORLD YOU WANT TO  
LEAVE YOUR CHILDREN?**

# Programmable

## What is a CBDC?

Central bank digital currency is programmable digital money, which will be fully monitored, and can be controlled and restricted in any number of ways.

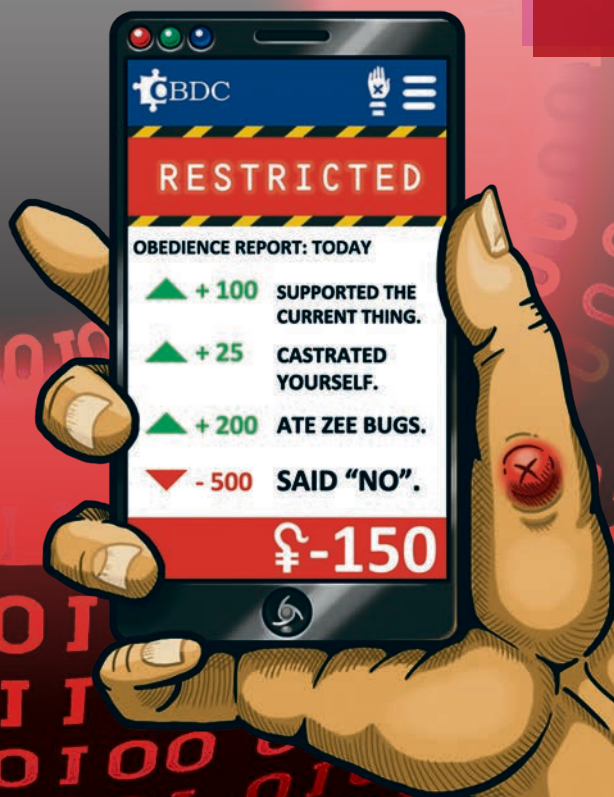
CBDC will mean the end of privacy, freedom and autonomy for everyone, and total compliance with the whims of the political wind of the day.

Banks have been nudging us into a cashless society for decades - first introducing credit cards in the 1970s, then debit cards, chip and pin, contactless and pay apps.

There is no valid reason to bring CBDC in, other than to gain total control over everyone's finances, and it should be resisted by everyone who values freedom.

Now we are finally at the precipice of an all-digital PROGRAMMABLE currency, and once cash is gone it won't be coming back.

DESIGN: Mi.Ki  
WORDS: Darren Smith  
ILLUSTRATION: Lee Simpson Art



## LINKS:

Banking giants and New York Fed start 12-week digital dollar pilot:

<https://www.reuters.com/markets/currencies/banking-giants-new-york-fed-start-12-week-digital-dollar-pilot-2022-11-15/>

FedNow to launch by mid-2023, Fed official says:

<https://www.paymentsdive.com/news/fednow-federal-reserve-bank-instant-payments-real-time-CBDC/630059/>

HM Treasury (HMT) and the Bank of England (the Bank) have today announced the next steps on the exploration of a UK central bank digital currency (CBDC):

<https://www.bankofengland.co.uk/news/2021/november/statement-on-central-bank-digital-currency-next-steps>

Publications on central bank digital currencies (CBDC)

[https://www.ecb.europa.eu/home/search/html/central\\_bank\\_digital\\_currencies\\_cbdc.en.html](https://www.ecb.europa.eu/home/search/html/central_bank_digital_currencies_cbdc.en.html)

## Why is CBDC different from what we already have?

Although you might think you have full control over your money and how you spend your money, you also have the option of using a card or ATM and withdrawing cash, which is always fully private.

### PRIVACY:

CBDCs are blockchain technology - a digital ledger of every single transaction, recorded permanently. Anyone with access, at any time in the future, will be able to look at everything you have bought and sold, every bill and tax you've paid or not, and use anything they find against you.

### SAVINGS:

Money with an expiry date means you will never be able to save and create financial stability for yourself or your family. Everyone will be living hand-to-mouth and unable to plan financially.

# means the end

# digital currency

different from  
already have?

pay electronically  
phone, you currently  
what, where, when  
your money, and you  
of going to a branch  
ing cash which is  
e and flexible.

## ALWAYS USE CASH

Use bank branches/  
ATMs to withdraw  
cash for the day/  
week, and then spend  
that everywhere. Keep  
your card/phone in  
your pocket.

Paying with cash all  
the time keeps the  
infrastructure and jobs  
in place to service  
it - bank cashiers,  
ATMs, ATM build and  
maintenance, cash  
tills and transport,  
security guards, and  
everyone involved  
in producing,  
transporting and  
dealing with cash.  
Once this is gone it

won't be coming back,  
so keep it alive and  
give them no excuse  
to go 'all-digital'.

They will never  
say: 'It's to control  
everyone's finances  
so we can make you  
do what we say.' They  
will say: 'It's because  
everyone uses apps  
and cards anyway, and  
this is the logical next  
step.'

*Ditch the apps, and  
use your cards to  
withdraw cash to  
spend everywhere,  
and where they don't  
take cash, don't  
spend.*

### WHY USE CASH?

- ✓ Simple
- ✓ Safe
- ✓ Instant
- ✓ Direct
- ✓ Private
- ✓ Convenient
- ✓ Universal
- ✓ Unlimited
- ✓ Easy
- ✓ Freedom

### FREEDOM:

'Smart' money means banks  
will be able to limit where and  
when you can spend, as well as  
what you can buy. It could be  
linked to a carbon allowance,  
so you only get so much fuel or  
meat each month. Your wallet  
could be frozen, or limited to  
how far from your registered  
address you can use it.

### USE IT OR LOSE IT!



### Why should you use cash?

The reason cash was invented was to be able to exchange value and remove the inconvenience of barter.

**1** If I have a €50 note and I go to a restaurant and pay for dinner with it, the restaurant owner can use it to pay for his laundry. The laundry owner can then use it at the butcher and the butcher can use it for his shopping. After an unlimited number of payments, it still remains a €50 note.

**2** But if I go to the restaurant and pay for dinner digitally, the bank fees for my transaction are charged to the seller at around €1.50. After 30 transactions, the €50 will be reduced to only €5 because the bank has taken commission on each purchase.

**CBDCs are literally a slavery system where money becomes more like vouchers with the government deciding what you can and cannot buy with your money. And you will have to use them by a certain date.**

### PEOPLE MUST GET CASH BACK INTO CIRCULATION TO AVOID THIS FINANCIAL TYRANNY

**Take as much cash out from the ATM each week and live off that with privacy and freedom**

**Name and shame all businesses in Ireland who have refused to take cash**  
Blacklisting all of these premises is the only way to make their change their ways.

# and of freedom

# Answering Backs

Reject the degenerates on St Patrick's holy day, says

*John Waters*

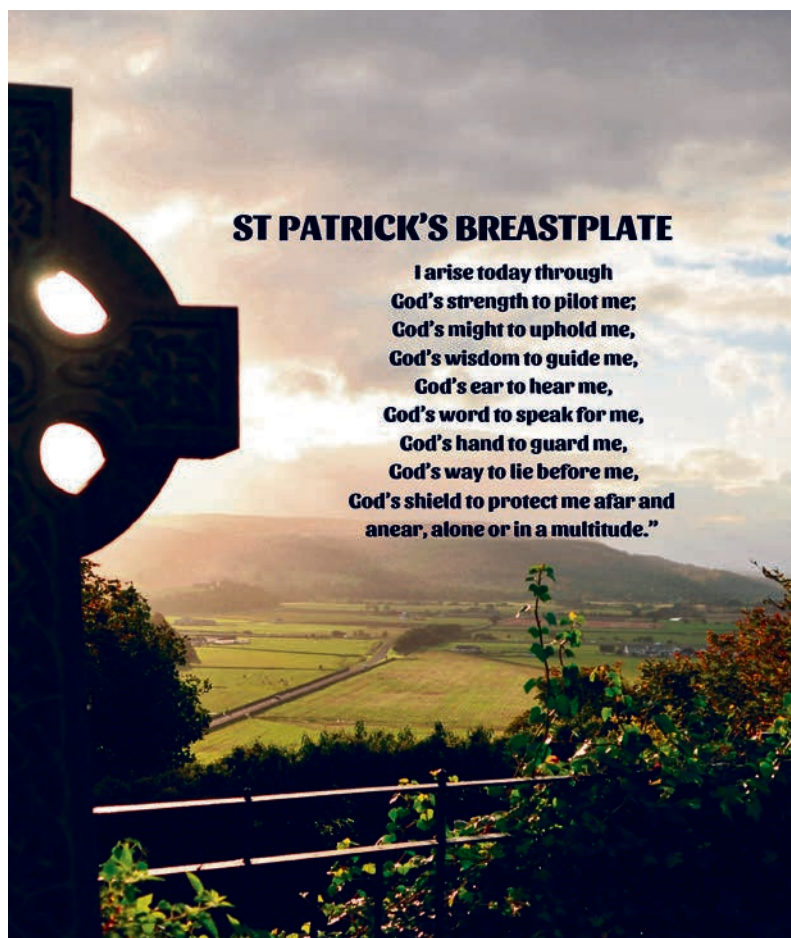
**THE news that the 2023 Saint Patrick's Day parade in the capital city has been hijacked by the LGBT goons to promote the crazed and evil transgender agenda is perhaps the worst we have heard in a while, and that is some statement. A transgender 'woman', now calling himself Rebecca Tallon De Havilland, has been announced as the Grand Marshal of the LGBT+ (+P, one supposes) pageant one of the leading pageants in this year's parade, providing perhaps the most egregious example yet of State collaboration in this damaging and wicked ideology.**

It is disgusting enough that these loathsome bullies have been allowed to hijack the rainbow, the unicorn and the beautiful month of June. Now they are permitted to besmirch the feast day of our national saint with their nonsense and lies.

What this repulsive development bespeaks is that Official Ireland is now so completely captured that there is no discretion left whatsoever, that any bunch of thugs with backing from some US-based foundation (terrorist organisation) can move in and shout the odds, not only getting what it wants but in effect laying claim to a part of Irish heritage that ought to belong to the people at large, none of whom were consulted before this was allowed to happen.

It should not be surprising, when we see our supposed political representatives clamouring for Drag Queen Story Hour, promoting paedophilia by nods and winks in our education system, and pushing legislation that will enable teenagers to mangle their bodies and souls in pursuit of an online-driven craze for self-mutilation, without their parents being informed, never mind asked if they agree.

Words like 'deranged' and



**'Never before did they know of God except to serve idols and unclean things. But they have become the people of the Lord and are called children of God.**

**The sons and daughters of the leaders of the Irish are seen to be monks and virgins of Christ.'**

## St Patrick on the Irish

'bonkers' are no longer adequate to describe what is happening under numerous headings in Ireland 2023. The trouble is that we perhaps used these words too loosely in the past, when the bar of insanity rested at a much lower level, and wore out their usefulness to describe real insanity when it materialised. That is where we find ourselves now, with the national saint being appropriated by the scrofulous lunatics driving this agenda, and the entire establishment standing by with foolish grins on their faces, as if to say, 'Aren't we so cool!'

They are not. Time will reveal what is happening here as one of the most egregious episodes in Irish social history (leaving aside, for the moment, all the other egregious things that have been happening of recent times!)

Without question, if reason ever returns to our public affairs and spaces, posterity will be as appalled by what is happening in this context now as we have been about past events that have caused our public debate to continue in the manner of a

stuck record for 30 years.

The idea that people who are no more than children, infatuated by a craze that is spread by propaganda online, should be permitted to destroy their bodies and their lives without their parents being permitted to intervene, must rank as one of the most terrifying things we have heard in a time when terror and menace are the first options of our political class in imposing its will upon the people.

These times will go down in infamy as the times in which the population stood idly by and a bunch of retarded bullies was allowed to, in effect, maim and disable a generation of young people. There will be no hiding place for the perpetrators - that much is certain - but that will be poor consolation to those who have lost their sexuality, identities, self-confidence, procreative capacities, and indeed their very humanity in the name of an ideology imposed on our culture from above by unseen actors manipulating deranged dingbats and corrupt politicians to impose their





objective of demoralising Irish society to the pitch where it will surrender everything it has - and is - so as to attain some measure of peace.

That no voice of dissent has emerged from within the political or cultural establishments is a dismaying reflection of what we have seen in the covid and climate contexts: total capitulation to edicts imposed without authority from outside; not a single mind or voice capable of expressing the truth about human beings and their desires, and why the first rule of impulsive action is not to undertake anything irreversible. The assault on Saint Patrick's Day is almost as shocking, but at the same time unsurprising, given the contempt that has been shown towards the national faith for many years by our political class, our legislators, our media and our cultural ambassadors.

In all probability, what pertains in such quarters is a barely restrained glee about the grotesque cheapening and burlesquing of this

precious day in the Irish Christian calendar.

But this development also offers an opportunity for the people to answer back, not just about the debasement of the national saint, but against the continued and escalating abuses of our country, its territories and borders, its culture and traditions, its traditional faith and its founding fathers and freedom fighters, its past and coming generations.

It is time for the people of Ireland - and in particular its capital city - to make a stand against the encroaching tide of filth and depravity that now threatens to sweep everything we value away, and after that to defenestrate the Irish people themselves.

The Irish Light's proposal is this: that, on this coming March 17th, the people of Dublin stream on to the streets as has been their custom in the past, to participate in the Saint Patrick's Day parade. They should bring with them tricolours and banners celebrating Saint Patrick, icons of the saint,

and symbols of his teaching in the iconic form he bequeathed us. They should line up along the parade route as usual, gently pressing themselves to the front.

And, when the Dublin Pride

pageant comes within a hundred yards or so, they should turn their backs on it, so that the message goes around the world that Ireland is finally standing up to Woke and all it has drawn

down upon us, that there are some things that lie beyond the Pale of human tolerance, and this is one of them. What a statement that would be! Let us do it now, before it is too late.



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# THE CANCER INDUSTRY



To the cancer establishment, a cancer patient is nothing more than a profit centre. It's about keeping you sick and in the system, not healing you or finding a cure.

No man-made chemical drug will ever cure cancer. Believing in such a fairy tale is what the pharmaceutical industry wants you to put your faith and money into. It's their golden calf. You can't cut, burn, kill, drug and radiate your way to good health. That's impossible. It's time to transform modern cancer treatments from the kill, kill, kill approach with radiation and chemotherapy to strengthening the immune system so it can do what God designed it to do: eradicate abnormal cancerous cells. The foundation for a strong immune system starts with the microbiome in the gut. This is where 80 percent of the immune system originates. Dr. Ryke Geerd Hamer with his "New German Medicine" taught that cancer is not a disease, but a survival mechanism of the body designed to remove toxins that are causing harm.



**MONEY, MONEY, MONEY**

We all have cancer cells. Since the day we were born, our immune system has been eradicating mutated, damaged cancerous cells. Our bodies produce over 100,000 cancer cells every day. Cancer cells do not show up in standard tests until they have multiplied to several billion. It is estimated that cancer occurs six to 10 times in a person's lifetime. The strength of your immune system determines whether you are clinically diagnosed or not. Most women have naturally occurring cancer cells in their breasts, and men have them in their prostates. Many cancers are extremely slow-growing, taking about 10 years to become the size of a pinhead and another 10 to 20 years or more to grow to the size of a pea, then to a grape. Researchers estimate that it takes breast cancer seven to 10 years before it can even be diagnosed.

## The Root Cause of Cancer



Dr. Otto Heinrich Warburg  
1931 Nobel Prize Winner



"All forms of **cancer** have two basic conditions: **acidosis** and **hypoxia** (lack of oxygen)"

"**Cancerous** tissues are **acidic**, whereas **healthy** tissues are **alkaline**"

**KEEP YOUR BODY ALKALINE**



The HSE recommends all women over the age of 45 receive mammograms on a regular basis. Researchers state that mammograms are only 58 percent effective in detecting internal breast abnormalities.

The danger is that squeezing your breast between two solid plates with 50 pounds of pressure could possibly rupture a tumour and spread cancer cells to other areas, making your situation considerably worse.

Every compression during a mammogram procedure leads to microscopic ruptures in the breast tissue and if there is cancer, this is the worst thing you could do!

Dr. Russell Blaylock warns, "Doctors are taught that once a lump is found, you don't press it – not even during an examination – because you will cause the cancer cells to spread."

Dr. Raymond Hilu, medical director of the Hilu Institute in Spain, explains that compressing potentially cancerous breast tissue risks unleashing a torrent of cancer cells into other tissue and the blood.

**MAMMOGRAMS CAUSE CANCER**



Mammograms emit harmful ionizing radiation. In fact, one single mammogram emits 1,000 times the amount of radiation of a typical chest X-ray. The British Medical Journal reports that at least 20 percent of all mammograms issue false positives and the largest study ever done, involving 90,000 women that lasted 25 years, found that death rates from breast cancer were the same in women who got mammograms as those who didn't.

### WHAT DO YOU THINK OF THE WAR ON CANCER?

- ◆ "... Largely a fraud." Linus Pauling, Ph.D., twice Nobel laureate
- ◆ "... a qualified failure." John Bailar, M.D., Ph.D., former editor of the Journal of the National Cancer Institute
  - ◆ "A medical Vietnam." Donald Kennedy, former President of Stanford University
  - ◆ "A bunch of sh\_t." James Watson, Ph.D., Nobel laureate, co-discoverer of the DNA code

Just as jabbing a needle into a water balloon is a sure way to cause leakage, so is piercing a mass in the breast with a needle biopsy. If there is cancer, now those cells can spread. Do we really want this? The body forms a tumour to encase abnormal cells and keep them from spreading and then we turn around and puncture it so they can flood into other areas.



Dr. James Hawver taught that cancer patients always have four main issues:  
 (1) Poor circulation – Arterial plaque (calcium) restricting blood flow.  
 (2) Acidosis – The body's pH is too acidic.  
 (3) Miasms – Inherited weaknesses.  
 (4) Emotional issues – Something eating them up inside.

**NATURE'S 10 MOST POWERFUL ANTIBIOTICS**

Your first line of defense against any illness or infection is your own immune system. These foods will super-boost your body's ability to fight any nasty bugs that come your way and will help keep you on top of your game all year long.

- APPLE CIDER VINEGAR
- GARLIC
- GINGER
- HORSERADISH ROOT
- ONION
- HABANERO PEPPERS
- OREGANO OIL
- TURMERIC
- ECHINACEA
- RAW HONEY

Thousands of women are being deceived by the national cancer programme. They are led to believe that early detection of cancer will save their breasts. Half of the women with 'early' breast cancer are having mastectomies that might be later proven unnecessary. It is definitely a false promise that if due to some kind of screening the cancer is detected early and the woman's breast can be saved!"

Dr. Michael Baum, University College Hospital in London

"Cancer is the cure. People don't understand that. Cancer is there to save your life. When your body is so toxic that you are going to die of the poison, the body builds a bag and stuffs all the poison in there and locks it up – the tumour."

Dr Leonard Coldwell



The United States Pharmacopoeia listed the herb Bloodroot as a cancer remedy from 1820 to 1926. Can you guess who was in charge of having it removed? In 1997, German scientists began adding bloodroot to animal feed because it was safer and more effective than antibiotics. Discussing cancer, Robert Atkins, M.D. said, "There is not one, but many cures for cancer available. But they are all being systematically suppressed."

The Lancet medical journal reported a study that compared chemotherapy to no treatment at all. The conclusion was that no treatment proved a significantly better policy for patients' survival and for quality of life.



**20 CANCER HEALING REMEDIES**

1. Rife Technology
2. Graviola
3. Essiac Tea
4. Hoxsey Tonic
5. Gerson Therapy
6. Vitamin B17/Laetrile
7. Capsol T
8. Hemp
9. Vitamin C
10. Turmeric
11. Reishi, Maitake and Shitake Mushrooms
12. Wheatgrass Juice
13. Raw Food Organic Diet
14. Fasting
15. Frankincense/Myrrh oil
16. Hydrogen peroxide 35%
17. Oxygen/Ozone therapy
18. Enzyme Therapy
19. Hydrogen Pyroxide
20. Bloodroot

"My doctor gave me six months to live, but when I couldn't pay the bill, he gave me six months more." Walter Matthau

Tumours thrive in an oxygen-deprived environment. Oxygen gets to cells via the blood; therefore, if your circulation is compromised in a certain area of the body, then most likely there will be low oxygen levels, and this is the terrain that favours the growth of cancer.

In 1936, Dr. Otto Warburg Was Awarded The Nobel Prize For Discovering The Cause Of Cancer: OXYGEN DEPRIVATION & ACIDOSIS

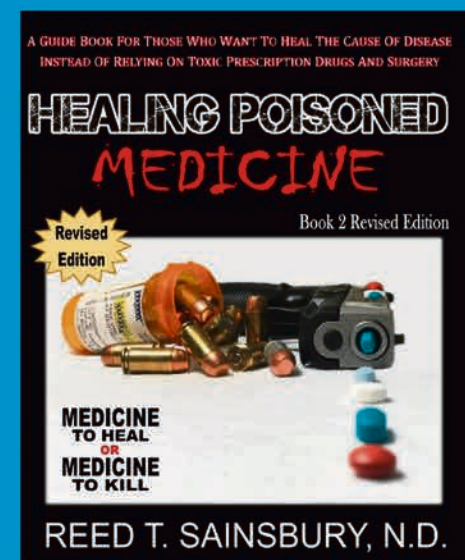
"Insanity is doing the same thing over and over and expecting a different result." Rudyard Kipling

Everything you eat either feeds cancer or helps to eradicate it by influencing your pH. Sugar and flour (bread/gluten) feed cancer cells and weaken the immune system.

Almost all living foods, including vegetables, fruits and berries, are alkaline-forming, which provides an unfriendly terrain for cancer.

Dr. Max Gerson proved that he could stop cancer growth in 14 days by putting patients on a fully organic raw-food diet.

Many people have cured themselves of cancer by fasting. When you stop eating, your body will begin to metabolize toxins and abnormal cells for energy. The fibrin coating around cancer cells, made of protein, acts as a shield to protect it from your immune system. Fasting forces your body to go into a cleanse mode and begins to digest and metabolize diseased cells, including cancer.



This article is taken from Healing Poisoned Medicine by Dr Reed Sainsbury. It is available at [www.healingthecause.com](http://www.healingthecause.com)

# Nature's liquid gold

**Dr Sam Bailey** on why her family now drink raw over pasteurised milk

**There are numerous benefits to drinking raw milk, although many people are afraid to do so, due to perceived dangers. However, are these dangers real or is it just Germ Theory run amok?**

Cow's milk is one of the most commonly consumed products in the world but like all large industries, there has been market capture and the associated narratives that go along with it. When I was in High School science classes and then medical school, it was suggested that drinking raw milk was a risky business due to all the potential microbial "pathogens" that could make you sick. It seems that even when the beneficial effects of raw milk are acknowledged in the mainstream literature, consumption is quickly discouraged due to the "pathogen" argument.

Not many people are aware of the steps involved in the processing of milk for consumption in most developed countries. Apparently, this is to make it "safe" through a process of dramatically adulterating what nature has provided.

Take a look at the process:

Upon collection, which might involve machine milking, milk is cooled and stored at 4 °C. After transport to the dairy plant, the milk is centrifuged in order to remove the milk fat, leaving skim milk. The milk fat and skim milk will be recombined in the desired ratios to obtain: skimmed milk ( $\leq 1\%$  fat), semiskimmed milk (2% fat) or whole-milk ( $> 3.25\%$  fat). After this standardisation process, the milk is heat treated. The most commonly used heat treatments are pasteurisation (71-74°C for 15- 40s), sterilisation (110-120°C for 10-20min) and ultra-high temperature (UHT) processing (135-145°C for 0.5-4s). Heat treatment is often followed by homogenisation, although homogenisation may also take place prior to heat treatment. During homogenisation the milk is pumped under high pressure



Raw milk is so much healthier than pasteurised

through narrow pipes. This reduces the size of the fat globules and thereby it prevents the separation of a cream layer. Homogenisation increases the stability of the milk resulting in an increased shelf-life. After heating and homogenisation, the milk is rapidly cooled to 4°C and is subsequently packaged and stored for commercial purposes.

These processes completely change the microbial composition (including destroying lactase-producing bacteria), while denaturing proteins and enzymes, and can reduce the bioavailability of vitamins and calcium in the milk. Given the complexity of life, it is likely that one of nature's products is also ruined in other ways that we have not yet appreciated, including the very way the fluid is physically structured.

One of the other reasons I started investigating milk was that disinformation sites such as Wikipedia portray raw milk as coming with no proven benefits and only considerable risks. However, the "evidence" they cite is in the form of assertions from the United States Food & Drug Administration or the CDC's webpages. These agencies do not provide scientific evidence that untreated milk in itself is dangerous. One of Wikipedia's main citations with regards to the so-called dangers is a 2010 Scientific American

article (<https://web.archive.org/web/20220323235645/https://www.scientificamerican.com/article/raw-milk-debate/>) claiming that, "bacterial outbreaks are traced back to nonpasteurised milk." The article points to an incident where 30 people became unwell, allegedly due to the presence of bacteria alone in raw goat's milk. However, it is based on assumptions about the bacteria being "pathogens"

causing disease. However, I did see Consumer, a more mainstream outlet in New Zealand ease up on the dogma in one of their 2016 reviews:

In 2015, 13 people [in New Zealand] got sick in outbreaks associated with raw milk. For most outbreaks raw milk is not the only risk factor – contact with farm animals and contact with untreated water are often mentioned. This



New Zealand's Dr Sam Bailey

rather than evidence showing this to be the case and ruling out other causes of toxicity.

What we were taught in science lessons certainly seems to inaccurately portray the role of bacteria such as *Listeria* in

milk natural goodness or food safety Russian roulette?

Thirteen is obviously a small number of people and there was no proof that it was actually raw milk that made them sick. Calves don't have any problems consuming unprocessed milk and the same can be said for breast-fed human infants who are certainly not drinking sterilised milk.

In any case, is there any evidence that specific microbes in milk can make people sick? Earlier this year, Daniel Roytas who produces the Humanley Podcast, performed a literature review seeking evidence that the bacterium *Listeria monocytogenes* is a potential "contaminant" in milk that can result in food poisoning. His research could not find evidence that the bacteria itself is harmful if ingested and he commented that:

I was quite surprised to learn that the way scientists were "infecting" animals with listeria was by injecting the bacteria directly in to their blood stream, abdominal cavities or brains, and not by feeding them the actual bacteria. Such experiments in no way resemble the purported natural route of infection.

Daniel Roytas, Feb 9, 2022.

There is no doubt that milk can become contaminated but it doesn't necessarily relate to the milk not being pasteurised or sterilised. A 2022 publication that reviewed the available scientific literature concluded that cow's milk was contaminated by "pathogenic microorganisms" in less than 15% of the reports. The majority of the cases related to chemical contamination.

Combined with the fact that the scientific studies struggle to show that ingestion of bacterial "pathogens" alone causes disease, it suggests to me that it is another case of germ theory nonsense (<https://drsambailey.com/videos/germ-theory-vs-terrain-theory/>.)

Naturally, careless animal husbandry or poor processing and storage practices of any type of milk can lead to a toxic product. And even if the microbes themselves are not harmful, toxic by-products may be produced as they decompose ageing or incorrectly stored milk.

Once again it is all about the "terrain" and encouraging others to see that the "pathogen" theory

means there's usually no definite proof raw milk caused the illness but it's difficult to confirm because in many cases the suspected batch of milk has already been consumed.

Consumer, (June 2016): Is raw



Get your raw milk direct from farm or farmers' markets

is deficient. In response to several medical associations advising against the consumption of raw milk or related products, The Raw Milk Institute issued a document which stated:

It is true that raw milk produced as “intended for pasteurisation” and sourced from Concentrated Animal Feeding Operations (CAFOs) is generally unsanitary and unsafe to consume raw. However, raw milk that is carefully and intentionally produced for direct human consumption is a low-risk food with superb nutritional benefits. This type of raw milk is wholly different from raw milk being produced in unhygienic conditions.

The Raw Milk Institute (Dec 2019): Letter to Medical Professionals about Raw Milk

My advice would be to get your raw milk from a good source as close as possible to where you live. If you are lucky that would mean you have your own cow! The next best thing is to get to know the farm where your milk comes from. If you can, talk to the dairy farmer and find out what their philosophy



Milk was never meant to be 'pasteurised'

is with regards to how they care for their livestock. In the Christchurch (NZ) area we are very fortunate to have Aylesbury Creamery as our local raw milk supplier. The cows are grass-fed, very well cared for and are milked only once a day. The milk comes straight from the cows and is delivered to our doorstep in recyclable glass bottles just a few hours later.

No one in our family has ever

had any problems from consuming this high-quality raw milk. Contrary to popular belief, my personal experience is that it keeps in the fridge for at least as long as pasteurised milk. I have consumed it throughout pregnancy and it was easily introduced into the diets of some of our children from the age of 6 months. Our older children even started requesting more milk after switching exclusively to



Nature's finest

raw milk. And if you are are keen home cook like myself, you will certainly appreciate its superiority in everything from smoothies to all kinds of home baking. I don't drink coffee but my husband Mark assures me it is a far better milk for a flat white as well. The easiest thing you can do is try some raw milk yourself (even those who have poorly tolerated pasteurised milk previously) – I've not seen many

people go back to pasteurised milk after making the switch!

- *This article has been reprinted from the website of Dr Sam Bailey. For more of her work, see [www.drsamaibailey.com](http://www.drsamaibailey.com)*
- *To find out where to buy raw milk in Ireland, contact [www.rawmilkireland.com](http://www.rawmilkireland.com)*

# Forbidden History

The Irish were the first slaves brought to America and the most numerous, despite shameful efforts by anti-Irish racists to erase this horrific chapter in our history, writes **Larry Romanoff**



The Irish and their children were the first and most numerous slaves

**THE best way to forget history is to rewrite it. And in the rewriting, to carefully delete references to any historical events or circumstances we find uncomfortable. Thus, American history books are totally silent on the matter of these white slaves, mostly of European stock with a great number of Irish, but also English and Scottish, who were kidnapped or otherwise forcibly deported to the US as slave labour. In fact, an examination of available documentation indicates that white slavery in the Americas was a much more extensive operation than black slavery, and the numbers may be severely under-estimated. Several authors have claimed, and I have seen reports that appear credible, that white slaves in America outnumbered**

**the black. In his book ‘They Were White and They Were Slaves’, Michael Hoffman wrote, “Negro slavery was efficiently established in colonial America because Black slaves were governed, organized and controlled by the structures and organization that were first used to enslave and control Whites. Black slaves were late-comers fitted into a system already developed.”**

The historical record tells us that “American slave-owners quickly began breeding the white women for both their own personal pleasure and for greater profit”, but this expression denies a brutal truth. The white women, especially the Irish, were simply stripped naked and repeatedly raped until they were pregnant, then kept in that condition. Children of slaves were themselves slaves, which

increased the size of the master’s free workforce. Even if an Irish woman managed to obtain her freedom, her children would remain slaves and she would seldom abandon them, thereby remaining in servitude. Other American masters found a better way to use these white women – who were in many cases girls as young as ten or twelve – to increase their market value by breeding them with African men to produce slaves with a “mulatto” complexion which brought a higher price than their Irish livestock.

Ireland was severely depopulated in the past, the most quoted percentage reduction being 80%. The current standard narrative attempts with some vigour to attribute this severe population reduction to disease or famine, but the reality appears to be that kidnapping for slavery was the main reason. There are sufficient records to tell us that the

Irish were abducted and shipped by the hundreds of thousands, this including not only adults but even the youngest of children being forcibly taken from their parents and sold as slaves in the US and the West Indies.

We can certainly credit Henry Cromwell, son of Oliver, for much of this, since he seemed especially determined to capture and deport all Irish women: “Concerning the young [Irish] women, although we must use force in takinge them up, yet it beinge so much for their owne goode, and likely to be of soe great advantage to the publique, it is not in the least doubted, that you may have such number of them as you thinke fitt to make use uppon this account.”

There is no way to misunderstand the man’s words, and Cromwell wasn’t referring to “indentured servitude” in these remarks.

The first European slave sales

document was drawn up in 1612, seven years before the first African slaves arrived in Jamestown, Virginia. In 1625, James II officially decreed that all Irish prisoners be sent to the West Indies (Caribbean) and sold to plantation owners. The first ships departed 30,000 Irish and by the mid-1600s they constituted the majority of slaves in the colonies.

In 1600, the Irish were the main slaves sold to Antigua and Montserrat. At that time, 70% of Montserrat’s total population were Irish slaves. Ireland became a huge source of human cattle for English traders.

There are many indications that the Jews are making efforts to either eliminate awareness and discussion of the Irish slave trade or to hopelessly confuse the issue so that the focus is lost and conclusions become impossible.

Wikipedia has an article titled ‘Irish Slave Myths’. even the title

preparing readers to disbelieve anything about Irish slaves when it is Wikipedia that should not be believed. It claims the Hoffman book was written by a 'conspiracy theorist and holocaust denier' who also blamed Jews for the Atlantic slave trade - in which they were very much involved.

If you recall, these were the same accusations made about the books by James Bacque that revealed the mass murders of Germans in American concentration camps after WWII. These accusations of holocaust deniers writing shoddy history books is part of a standard template when Jews don't want the public accessing information that reveals Jewish crimes. Wikipedia further informs its readers that Dr. Hoffman presents a "careless blurring of the lines between slavery and indentured servitude", but in fact it is Wiki who deliberately blur the lines to disguise the fact that "indentures" are merely today's euphemism meant to bury the truths of white slavery.

Wikipedia's Italian website tells us, "Ireland has always been subject to strong emigration, so much so that today it is estimated that ten times more people of Irish origin live in the USA than in Ireland. In the eighteenth century about 9-10 million Irish left Ireland. Of these, the poorest went to Britain, especially to the Liverpool area, while those who could afford it, about 5 million, moved to the United States of America. From the 19th century, following the Potato Famine, emigration became massive: in 1890, 40% of all Irish people lived abroad. Nowadays there are about 80,000,000 people in the world who claim to have Irish ancestry, and of these only 4,700,000 live in the Republic of Ireland."

Wiki then further tells us, "In 1800 the phenomenon of emigration from Ireland to the United States of America, was caused by religious persecution in Ireland, the excessive cost of living in Ireland and the great famine that struck the country. The phenomenon was massive: in fact, in ten years from the beginning of this phenomenon, the population of the United States doubled." That's bringing us a bit closer to the truth, but not sufficiently. As with other Jewish websites, Wikipedia equates abduction and slavery with "indentured servitude" and "emigration".

Another indication is that Global Research published an article by John Martin on the Irish slave trade, "The Slaves that Time Forgot", but then suddenly published two other articles

partially denying the existence of this trade. GR then informs us that the original article "skims the surface of a complex historical process which has been the object of critical debate, controversy and confusion", and that the subsequent articles were posted "to promote further discussion" and "with a view to providing a broader historical background". Uh huh! Either that, or someone put a lot of pressure on GR to either revise their position or be removed from the Internet.

Perhaps the best indication is an article introducing an Irishman named Liam Hogan that is published on the website of the Southern Poverty Law Center, of all places. For those who don't know, the SPLC is a totally Jewish organisation that is heavily political and with a thoroughly

nasty reputation. Hogan apparently works (or worked) in a public library in Ireland and is presented to us as an "independent scholar", the SPLC article with a headline telling us (like Wikipedia) that Irish slaves are "a myth" and serve only as a "meme" for "racists online".

It leaves us to guess who are the "racists" and against whom they express their racism. The article refers to a series of essays written by Hogan that purport to debunk the entire topic of Irish slaves, but they actually do no such thing. I have to say that Hogan's essays appear fundamentally dishonest to me because all he really does is demonstrate that some photos used in support of slavery articles are drawn from unrelated sources, and that is entirely irrelevant to the topic. But the point is that

this organisation is becoming actively involved in pre-empting open discussion of the Irish slave trade and, given their biases, this would happen only if Jews were concerned about the gradual revelation of their participation in this travesty. Without this fear, there would be no need for their involvement.

Ireland, of all countries in the world, apparently has no population statistics prior to about 1850, and even the records from that late period appear to have been fabricated and forged. All the country's population figures are gone. In the cities and towns, villages, government offices, churches, cemeteries, everything seems to have disappeared. It should be obvious this could not have happened by accident. One office in one location might

suffer a disaster, but when all the population statistics for an entire nation disappear, it must be the result of wilful action, and carried out by a considerable number of people. It should also be obvious that this could not have been a domestic enterprise: no government would take upon itself the task of destroying all of its own population records for all of its history. This means the destruction of the records would have to involve a foreign agent, and this leads us back to our Jewish slave traders. If you can't prove that Ireland had people, you can't prove those people were abducted as slaves. We have no direct proof, but the main beneficiary of the destruction of this evidence would certainly be the Jewish slave traders, and it should be remembered that the Khazar Jews were the most active slave traders in the world for hundreds of years, and certainly during this time frame. In fact, the Jews were bitterly hated by citizens of many nations for their abductions and slave trading, one of the main reasons the Jews were expelled from so many countries..

Also, since there is evidence the slave traders were very active in England and Scotland, there is no logical reason to assume they ignored Ireland..

The website grantonline.com states, "There are no reliable population figures for Ireland before 1841", and that "The only hard data that has survived is the 1841 and 1851 censuses, but the accuracy of these has been questioned." However, it then pretends to show Irish population graphs going back as far as 1200, which are of necessity entirely fiction. The same website tells us "Emigration has been a feature of Irish history more than almost any other country in the world", accenting this with a claim that "This is shown by the fact that, apart from the 5 million people in Ireland, there are 55 million people worldwide who can trace their ancestry to Ireland". That would be remarkable, if true, and would certainly support the thesis of millions of Irish being abducted as slaves over the years. The site also states the Irish accounted for a third of all "voluntary traffic" across the Atlantic. The fraction may be true, but the "voluntary" assertion has no supporting evidence, and I'm not sure I would classify abduction and slave-trading as "emigration".

● **Larry Romanoff is a Canadian businessman living in Shanghai. His writings are available on [www.blumoonofshanghai.com](http://www.blumoonofshanghai.com)**

# #IRISHLIVESMATTER



## IRISH POWER FIRST AMERICAN SLAVES UNITE BECAUSE THE IRISH HAVE GONE THROUGH A LOT MORE THAN AFRICAN AMERICANS AND FOR MUCH LONGER

# Pupils taught how to deal with ‘denier-speech’

## Globalists bid to influence education in Spain

by **DAVID HOLMES**

**EVERY** five to seven years, the Ministry of Education in Spain churns out the latest amendment to the national curriculum, complete with a brand new acronym.

And in 2022, there was the release of the LOMLOE - literally translated as the Pythonesque-sounding ‘Organic Law of Education which modifies the previous Organic Law of Education’.

Its mission statement couldn’t be clearer - emblazoned beneath the Spanish government logo are the words ‘Agenda 2030’.

For those unfamiliar with Agenda 2030, it’s the United Nations’ blueprint for technocracy under the guise of saving the Earth. Think Davos, and all the private jets that give away the fact that Net Zero is for us and not them. With its roots in the 1980s Wildlands Project in the U.S., Agenda 2030’s predecessor, Agenda 21, came into being after Rockefeller protégé Maurice Strong’s 1992 Rio Earth Summit.

Its core principles were the Malthusian ideal of limiting population growth, and the abolition of private property. ‘Debt for land’ swaps were initiated by the United Nations to encourage indebted nations to pledge large swathes of land to conservation trusts acting on the behest of billionaires.

Klaus Schwab co-opted the term ‘stakeholder capitalism’ and Larry Fink consolidated BlackRock’s position as the Fat Controller of the planet. All in the name of ‘sustainable development’.

Despite having absolutely nothing to do with ecology, the billionaire resource grab billed as the ‘green agenda’ has been signed into Spanish educational law as the route map to responsible citizenship. What is more, teachers all over Spain are welcoming it with open arms, and publishers are falling over each other to make sure that the UN’s 17 Sustainable Development Goals (SDGs) are sufficiently visible on the pages of their text books.

Such enthusiasm is understandable with no prior knowledge of the history or aims of Agenda 2030: who could be against gender equality, diversity and true sustainability? But as journalist Whitney Webb commented: “If you are



going to trust billionaires and bankers (who have created the environmental crises) to design a brand-new economic system because you think they care about the environment, you might as well hand them your brain in a bag.”

In Spain, the education system has undergone something of a transformation over the last decade or so. Progressives celebrate its liberation from the content-heavy rote learning of the past, in favour of a more skills-led approach. This is precisely what makes it vulnerable to predators who conceal stakeholder agendas under the cloak of feel-good values such as diversity, equity and inclusion.

One of the scariest examples of this is a 2022 publication by a Foundation called InteRed, sponsored by the Spanish Agency of International Cooperation for Development, linked to the government’s Ministry of Foreign Affairs and the EU.

Ironically titled ‘Critical Thinking and Prevention of Denier Discourse Among the Youth’, it purports to stimulate ‘active participation and commitment to justice, gender equity and social and environmental sustainability’.

It begins with one of the hallmarks of brainwashing, trashing the outmoded

status quo: the ‘false superiority’ of adulthood. What do adults know compared to teens? It sounds ominously reminiscent of the Prussian model described by John Taylor Gatto in *Confederacy of Dunces*: “Teacher training in Prussia was founded on three premises, which the United States subsequently borrowed. The first of these is that the state is sovereign, the only true parent of children. Its corollary is that biological parents are the enemies of their offspring.”

“We need to speak their language,” the InteRed publication tells us. So we’d better make sure they’re clear about what we want them to say.

It goes on to present a series of lesson plans around the key competence of ‘global citizenship’, one of the LOMLOE set pieces. But the fun really starts in part four, whose title asks ‘How to act when faced with deniers?’ For good measure, the subheading reveals ‘Guidelines and strategies for an efficient dialogue against denier-speech’. Then follows the familiar template of profiling ‘denier’ psychology – paranoia, sublimation, an inability to reason and an arsenal of arguments ‘to entrap the listener’.

To get everyone on board, it launches into

the topic of gender-based violence. Denial of the scale of this problem is something worthy of addressing, but predictably this is used as a stepping stone to where the slanderous term ‘deniers’ is most frequently used: climate change and covid.

For the former, we’re presented with an ‘indisputable’ set of human-activity causes, with ‘denier’ quotes ranging from strawman arguments (‘How can climate change be happening if it’s cold?’) to valid criticisms (‘Not all the scientific community confirms the consensus’) swatted away without analysis or any history of the Intergovernmental Panel on Climate Change.

We are directed to, among others, Greta Thunberg, though of course not as the most cynical example in history of the exploitation of a child as poster-girl for political gains.

And then comes covid. All of the discredited ‘infodemic’ propaganda is there. How to combat misinformation that PCR tests, masks and vaccines are anything other than completely safe and effective. Again, the lines assigned to the conspiranoicos are carefully nuanced to misrepresent. “You’ll hear deniers tell you that covid was created by 5G!” (rather than people worrying about the proven harms of 5G radiation). “They claim there are microchips in the vaccines!” (maybe they’re confusing microchips with graphene oxide). And that “some people even think covid was created in a lab!” (viruses can’t be created in a lab and can’t be spread across the world).

Counter-arguments are carefully laid out verbatim for students to parrot. Rather than teaching authentic critical thinking and the importance of research, sources and investigating all sides of a complex issue, they are simply providing children with a script.

With Finland’s ‘anti-fake news’ initiative in schools now in its ninth year, the time, money and effort the elites are spending on conditioning future generations to read from the establishment hymn sheet is worrying. Parents need to step in, lead by example and arm our children with the skills to truly think critically and fact check.

Then maybe they still might reach the year 2030 as free citizens.



# TUAM: A LIE TO BREAK THE FAITH



Historian *Brian Nugent* reveals some uncomfortable truths about the Tuam baby controversy

**IT'S more than a decade since Catherine Corless made her infamous claims that 800 infant corpses had been dumped into a defunct sewage system by the highly-respected Bon Secours Sisters in Tuam. The long-delayed exhumation of human remains at the site of the former state-run Children's Home was supposed to have commenced by now but has been delayed yet again.**

Almost from the beginning, the Tuam story became unnecessarily complicated by the advent of not just the infamous Commission of Investigation but numerous types of enquiries, state-scoping exercises and now legislation. So this year and last has seen three bills enacted, or soon to be, in the Oireachtas on the subject: the Institutional Burials Act, The Birth Information and Tracing Act, and The Mother and Baby Institutions Payment Scheme Bill.

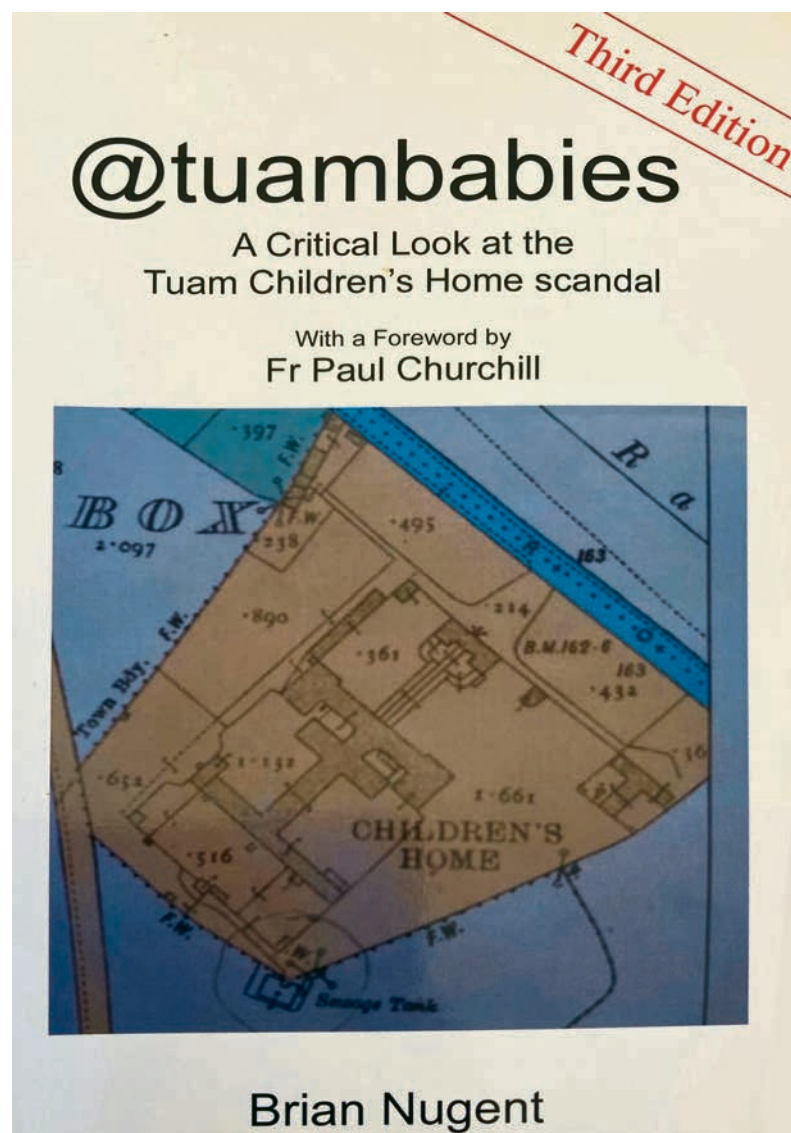
The tortuous passage of these bills, and the publication of the various enquiries, keeps the story in the public domain - but not, I believe, the true explanation - and generates the usual round of anti-Catholic bigotry which is surely the defining characteristic of not

just this State, but in large measure the country's academia and so-called arts.

In any case, the first Act has established a state-controlled entity which will oversee the excavations from the recognised graveyard of the Tuam Home – still delayed – and the other Homes and their associated graveyards around Ireland. The second Act establishes some of the much-needed rights of adoptees to know their heritage, and the third is about paying compensation to those who went through the generally well and compassionately run Irish Mother and Baby Homes.

In recent months, there have been several interesting developments in the Tuam controversy. Firstly, Corless has made a telling concession in a speech she gave to Maynooth University Social Sciences Institute. She admitted that there is no hard written evidence that anything negative happened at the Tuam Home, no evidence that is except oral evidence (<https://www.boards.ie/discussion/2058267077/catherine-corless-admits-no-hard-evidence-against-tuam-home-only-oral-evidence>).

This is quite a remarkable turn of events and narrows the field of debate on this matter considerably.



If we only need to talk now about oral evidence, note that nowhere is there any spoken history about burial practices at the Home, except perhaps this letter by Denis Kearney sent to the Westmeath Topic 2/1/2021:

“The reason for being incredulous (about the Tuam Home stories) is that much of what seems to be alleged is at variance with what we were told by a priest we had as our Religion and Latin teacher in the early 1970s at our Co. Galway secondary school. We had Rev Fr Martin O’Grady who come from that great bastion of Gaelic football, St Jarlath’s College in Tuam and who taught us Latin and Religion at our secondary school in Athenry – a hurling haven.

“During a religion class, he told us that while he had been teaching in St Jarlath’s in Tuam he was also helping out as a Chaplain to The Bon Secours Sisters and their Mother and Baby Home in the town. If a child died, a Mass of The Angels was celebrated by the priest. The dead child was placed in a white coffin – which was a standard procedure. After the mass, the corpse and white coffin were interred in what was consecrated ground. The priest officiated at the graveside while gravediggers

(sextants or undertakers) closed the grave. The Bon Secours Sisters were a nursing order and were fastidious about each baby there being baptized. They were also trained in performing lay Baptism in case a baby died soon after birth in the absence of the priest being there to perform the ceremony. Those white coffins were made by local carpenters.”

There was no other version of how children died in the Tuam Mother and Baby Home at the time. Nobody came forward to challenge that version, our priest and religion teacher told us back then. When did the narrative change? A quote by George Orwell might be appropriate here: The more a society drifts from the truth, the more it will hate those who speak it.”

The references to a proper baptism for each of these children can be corroborated. The Archdiocese of Tuam has the baptismal registry for these children and has confirmed that all of them on Catherine Corless’s famous list were indeed baptized. Also the whole issue of these children receiving coffins is very much confirmed elsewhere as well, including 19 newspaper advertisements for coffins for the Children’s Home dated 1927-49 (Brian Nugent, @tuambabies (Third Edition, Corstown, 2018), p.82-3.) and of course this debunks the whole idea of them being buried in a tank.

This brings us neatly to the second recent development in this controversy, which is some new oral history regarding the Council work on the site in the early 70s.

Christopher, a retired mechanic who lives outside Tuam, remembers Galway County Council dumping landfill from the workhouse onto a small road near where he lived at the time.

They dumped a lot of what was thrown up at the site onto the side of the road at Clooninagh, a few miles out the Athenry Road from Tuam. They manoeuvred the lorries so they were perpendicular to the traffic on this small road, and then dumped the contents, both sides, bolstering the road from the surrounding land, which is much lower than it. You can still see the undulations on the immediate verge of the road, corresponding to each dumped lorry load. Christopher knew these loads of mostly stones and masonry came from the workhouse because one of the Council lorry drivers Tom Clampett was a family friend and would call in for a cup of tea while they worked there.

Strikingly, this landfill included broken coffins, some bones, and interestingly, brass fittings from the



The burial site in Tuam : note the different numbers in the memorial here and below



No evidence exists to show that babies were dumped in a sewage pit



The undulating road at Clooninagh where council dumped site contents



Castrol bottle left by council workers

coffins with IHS ( Jesus Hominum Salvator - Jesus Saviour of Men) or a crucifix on them. Christopher remembers this very clearly because he gathered some of these crucifixes and showed them to his mother, who scolded him and told him to put them back in the landfill. This is important

because in all probability only the children buried in the graveyard at the Home would have had these fittings.

The Famine corpses that also exist at the site were fortunate if they got a coffin much less a crucifix. The nuns buried there were reburied in another location in Tuam and later in Knock. Those executed at the site during the Civil War, while at first buried there in consecrated ground, were exhumed a short time later, brought to Athlone and are now buried elsewhere in Galway. So it’s unlikely that coffins with brass fittings came from any other source than coffins for the children who died there.

The significance of all this is that it goes some way to painting a picture of extensive excavation of corpses and coffins broken open by the Council at the time they worked on the site during approximately 1972-1980. This in turn makes it more likely that the concrete box of bones now

discovered - the ossuary - was simply their creation at that time to house some of the bones being thrown up by that development work, and tallies well with the very jumbled state of the bones now discovered.

This was always a far more credible explanation for these bones, than the hyped, evidence-free official version, which assisted the regime in nurturing an anti-Catholic mood in advance of the abortion referendum.

To recap: Catherine Corless was shown the recognised graveyard of the Tuam Children’s Home, the site familiar to all of us now with the statue of Our Lady in the corner, and saw that some of this area corresponded to a ‘cesspool’ marked on old Ordnance Survey maps. Then she discovered that in the 1970s, two boys playing at the site fell into a kind of concrete underground ‘box’ of jumbled bones. Then, voila, came the nonsensical claim that nuns were discarding corpses into a septic tank. That is the story. There was never any other actual evidence for it, and now a detailed look at the reports of the archaeological excavations shows that the bones are placed in a path around the old large cesspool, not IN it, and which was decommissioned about 100 years before that anyway.

The origin of this receptacle for bones was probably that the Council placed them there as they uncovered them during the extensive excavation works which took place on the site long after the nuns had left it.

This new evidence about the Council’s activity at the Workhouse (remember the Children’s Home was in the Workhouse) tends to corroborate that explanation, and goes along with all the other evidence, including for example engine oil stains on one of the bones and a discarded Castrol GTX oil bottle dated from at least 1968 buried alongside the bones in that receptacle (the nuns left in 1961, Ibid p.356.). So while it is a slow and painstaking process, gathering details about the Council work nonetheless produces real evidence, unlike the official story which is bereft of same.

● **Historian Brian Nugent’s book @ tuambabies: A Critical Look At The Tuam Children’s Home Scandal is available from various sites online.**

## The Glowing Reports About TUAM

‘The nuns have achieved marvels in the old ramshackle home into which they were thrown without preparation. Their (the children’s) care is a grave responsibility and one cannot but feel unabounded admiration for those wonderful motherly nuns, who know every child by name.’

*Local Newspaper Account of the home in 1924.*

‘I must say it is one of the best managed institutions I have seen in this country. It is excellently managed.’

*Chairman of Mayo Board of Health, 1935*

‘Considering they have no male employee here, it is wonderful the way the place is kept. It is absolutely spotless. Everything is done remarkable well.’

*Galway Council Visit, 1928*

‘The sisters in charge of the institution in Tuam treat their charges in a most kindly and understanding manner.’

*National Inspector over boarded children in Ireland, AH Lister, in 1936.*

At Tuam, I went to an old workhouse, now the Children’s Home, a long two-storied building in its own grounds. These were well-kept and had many flowerbeds. The home is run by the Sisters Of Bons Secours of Paris and the Reverend Mother showed me around. Each of the sisters is a fully-trained nurse and midwife. The whole building was fresh and clean. In the garden at the back of the house, children were singing.’

*Dr Halliday Sutherland, author of Irish Journey, 1955.*

# Lead Us Not Into Temptation

*Fr Sean Sheehy* reminds us that Lent is a time to be joyful

**LENT is here so be of good cheer because Christ is near. Why would Lent, a time when the Church of Jesus calls us to fast, pray and give alms, be a cheery time? Because she gives us six weeks during which God grants us special graces to examine and nurture the roots of who we are and what we're about as Christians on this earth.**

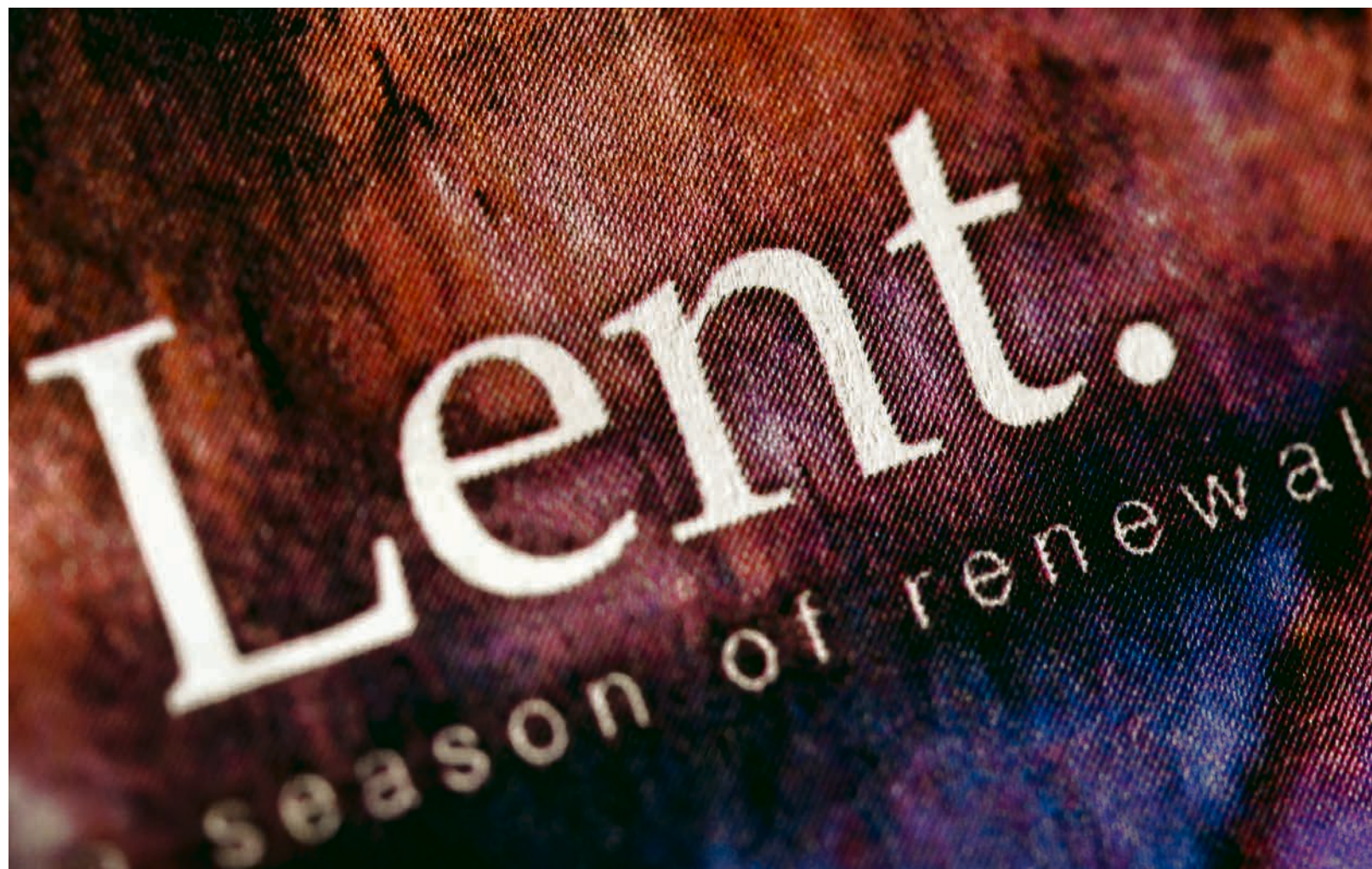
It's a graced time during which the Church raises our consciousness regarding our baptism, the reality of sin, our dependency on Jesus, our need for penance, the need to die to selfishness and live for God. The more conscious we are of these realities the more we realise what's necessary to be free, just, peaceful, and charitable.

The freer, fairer, more peaceful, and charitable we are, the more joyful and cheery we will be and the greater will be our impact on restoring the world to sanity and holiness.

To accomplish this we must pray from our heart asking God to "lead us not into temptation but deliver us from evil" (Mt 6:13). Do you see this?

Temptation literally means "to try out." We're stimulated by our curiosity or what we see others doing and are lured to try things for ourselves. From a spiritual perspective, temptation has a negative connotation, namely to be enticed into saying or doing something that's contrary to God's law. The problem with temptation is what we do with it – contemplate and give in to it or dismiss it immediately. We can't totally eliminate temptation because we're prone to sin and self-gratification. Satan continually works on these flaws in order to separate us from God. Yes, God gives us the wherewithal to counteract temptation but we must cooperate with Him through prayer, fasting, and almsgiving.

The Church reminds us that God created humanity according to His image and likeness (Gen 1:27). God created man, "male and female He created them," and placed them in a beautiful garden with only one proviso, namely not to eat of the fruit of the tree of life and the tree of knowledge of good and evil (Gen 2:17). God told Adam and Eve, "You must not eat



it or touch it or touch it under pain of death" (Gen 3:3). The tempter engaged Eve and asked her, "Did God really say you were not to eat from any of the trees?" Eve repeated what God told them. The spirit of evil assured her, "No! You will not die! God knows ... your eyes will be opened and you will be like gods, knowing good and evil" (Gen 3:5). Adam and Eve capitulated to the promise of power and self-gratification. Eve "saw the tree was good to eat and pleasing to the eye, desirable for the knowledge it could give" so she decided to try it along with Adam. The consequence was that, "Their eyes were opened and realized they were naked. So they sewed fig leaves together to make loincloths for themselves" (Gen 3:7). Nakedness here reflected the realisation that they were vulnerable to estrangement, suffering, and death. The devil didn't tell them what their eyes would really see and what kind of knowledge eating the forbidden would bring. Now they see that their sexuality, once a means of

bonding and complementarity, now becomes a cause of shame. They saw that a life of luxury in the garden became a life of deprivation, blaming, disunity, suffering and death on earth. Thus, humanity became stained by sin which every human inherits until the end of time. The first humans lost their likeness to God by disobeying His commandments. As a result, humanity became stained by sin. But God didn't abandon sinful man and woman.

St. Paul summarizes Original Sin's effect on humanity when he wrote, "Sin entered the world through one man, and through sin death, and thus death spread through the whole human race because everyone has sinned" (Rom 5:12). But God didn't end His love for mankind because "As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous" (Rom 5:13-19). The first Adam caved to temptation bringing sin, suffering and death to mankind, while the new Adam, Jesus, resisted temptation and

brings salvation to mankind.

Sin is disobeying God's Law, namely the command to love God with all we are and have and to love our neighbour as our self. God's Law requires a total "yes" to doing His will. We cannot do that without the Holy Spirit enveloping and guiding our spirit. However, we rarely love anyone, even God, with all we have and are at any one time because we're not perfect. We tend to please ourselves before pleasing others. We allow self-gratification to take precedence over loving God and our neighbour. Insofar as we limit our love for God and neighbour we're sinning. Our sins are probably due more to omitting what we should do than doing what we shouldn't do. This is why we need to pray daily with the Psalmist: "Have mercy on me, O God, in Your kindness. In Your compassion blot out my offense. O wash me more and more from my guilt and cleanse me from my sin. My offenses truly I know them; my sin is always before me. Against You alone have I sinned: what is

evil in Your sight I have done. A pure heart create for me, O God, put a steadfast spirit within me. Do not cast me away from Your presence, nor deprive me of Your Holy Spirit. Give me again the joy of Your help..." (Ps 50: 3-17).

We need God's help to resist Satan's temptation to act independently of God by personally deciding what's good or bad for us. Reminding us that we are dust makes us realize that our life is totally dependent on God.

Have a cheerful Lent as the Holy Spirit guides you to identify where you're most vulnerable to Satan's temptations in your life. Control your body, spend time with God, and share your time, treasure, and talents with others. Pray each day: I do not live on bread alone but on every word that comes from You, O Lord, in the Holy Bible and the Church's Catechism. Help me to put all my trust in You and never try to put You to the test. I must worship You at Holy Mass and serve you in my family and community. Amen.

**WE LIVE IN A WORLD THAT'S MADE UP OF...**



**FAKE  
PEOPLE**



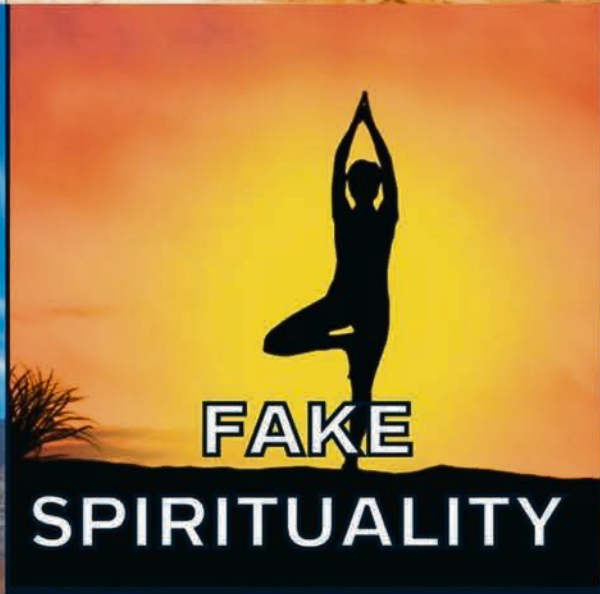
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FOOD**



**FAKE  
MEDICINE**



**FAKE  
WEATHER**



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